

Fine motor and sorting activities for Skill School/ TEACCH

At nursery, your child has been coming to work with an adult in our quiet room, on a simple task. These are generally fine motor, matching or sorting tasks, which have a very clear end, so that the child knows when it is 'finished'.

You can practice this skill at home, using toys and everyday objects, to make simple activities, with a clear beginning and end, so that your child knows when the activity is 'finished'.

Baking trays make good containers to fill, as they have ready-made compartments! The activity is 'finished' when there is an object in each section.





If you don't have pompoms, you could use cotton wool balls or even screwed up balls of tissue paper or foil. Having the sock over the end means you can empty the bottle ready to repeat the activity again the next day!



We use shoeboxes for simple posing tasks. In this one, you could cut different size slits or holes so that your child has to experiment through trial and error, to find which one fits! Bottle tops would be good here.

At nursery, we have made one with holes, which the children need to place golf tees in.

Or you could make a hole in the lid, turn it over and attach clothes pegs around the edge, which your child needs to unclip and post through the hole.



If you have bowls, plates or cups of different colours, you could get your child to sort a variety of objects into the container of the same colour.

The link below has more ideas....



<https://busytoddler.com/2015/12/8-simple-sorting-activities/>





There are also lots of ideas on Pinterest or if you type in TEACCH tasks to google images.

