



Winterbourne E.L.P

08.05.2020

Hello, how are you? We do hope that you are continuing to keep well and stay safe.

If you have been trying Bucket Time (Attention Autism Stage 1) over the last few weeks, then you may want to move on to Stage 2 which is all about building your child's attention.

Here is the next video from Gina Davies.



<https://www.youtube.com/watch?v=Dso46R2bO>

[EQ](#)

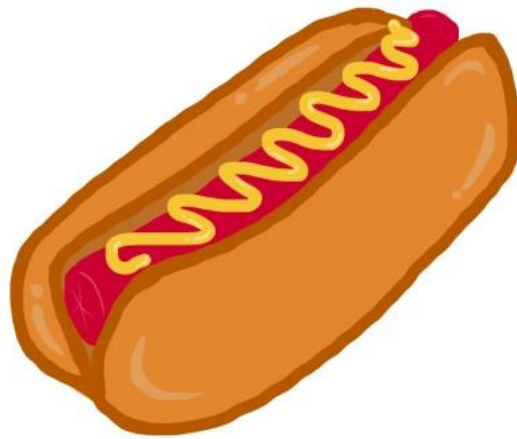
Many of our children in the ELP have various sensory needs. We thought that you may find the video below helpful. It explains about our seven senses and the importance of staying regulated or 'in the zone'.



<https://www.youtube.com/watch?v=j4pKeqSmeMQ&t=502s>

Many children respond to deep pressure and find it calming. It can help them focus on a particular activity.

We have included the 'Roll you up' or 'Hotdog' game, which uses deep pressure that you might like to try out at home. All you need is a duvet or blanket and you're ready to go!



[https://www.youtube.com/watch?v=1by4zw4kU](https://www.youtube.com/watch?v=1by4zw4kUWs)
[Ws](#)

If you would like to have a go at Bucket Time and haven't watched the videos, have a look at our previous posts.

Do let us know how you get on.

There is a new story on our Winterbourne ELP channel on YouTube. Bianca reads **Dear Zoo**

<https://www.youtube.com/watch?v=dEHMfpkNHuI&t=27s>

We have also added a movement video, to encourage your child to get involved in some of the activity songs that we sing at Winterbourne!

<https://www.youtube.com/watch?v=BIM9LV-UQf8&t=6s>

Stay Safe