


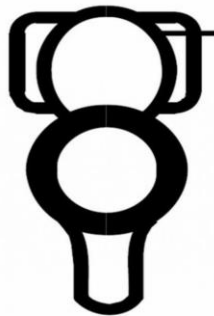


Winterbourne E.L.P

10.07.20

Hello everyone! We hope you are all keeping well.

We know that some of you have been having a go at toilet training during this time of school closure. Well done for having a go!

Sign	Symbol
	
Toilet	

For those
who may

of you
be

thinking of trying your child on a toileting programme, we thought we would send you some links, to help.

Gina Davies (Attention Autism) has devised a series of short tutorials which help to introduce the idea of the toilet and what it is used for, using the 'Bucket time' approach!

Follow this link....

https://www.youtube.com/watch?v=a3Ww_V6nBt4

Gina goes on to introduce the concept of toilet paper in a fun way that your children are

familiar with. I suggest you watch this with your child, as you may not have enough toilet rolls to recreate this at home!

Follow this link...

<https://www.youtube.com/watch?v=iQn-UYky1Kq>

Please do not feel under any pressure to start a toileting programme. Once your child starts at their new school, staff will support you in this, when you both feel that your child is beginning to show signs that they may be ready to have a go.

Here is a link to Gina's toilet training workshop..

<https://www.youtube.com/watch?v=kX2NYL2BqVo>

One indication may be that your child's nappy/pull-up is staying dry in between changes.

At Winterbourne, we always try sitting children on the toilet, when their nappy has been removed, just in case! This is a good idea, to relieve any anxiety over sitting on the toilet.

You could sing a nursery rhyme, as they sit there, so that is a calm, enjoyable time. You never know, you may just get lucky!!

Stay safe and well.