



PSHE

Week 3

PSHE learning journey





L.Q. Can I keep myself safe at home?

Steps to success



- I know how to keep myself clean and healthy, and understand how germs cause disease/illness.
- I know that all household products including medicines can be harmful if not used properly.
- I can recognise that I am special so I keep myself safe.



Star words



Healthy



Clean



Body parts



Toiletry items



Hygienic



Safe



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Calm me



Ring the chime . Stay silent
so you can hear the chime.

What thing that makes you
happy will you think of?

How can you stay healthy?



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Can you tell Jigsaw Jack what these items are?



Can you tell Jigsaw Jack how to use them?



All these items help us to maintain our personal hygiene.

Personal hygiene is important to keep us healthy.

If we don't stay clean and look after our personal hygiene we will carry lots of germs and get sick.

Self assessment

Do you understand why we need to keep clean?



Different items help us stay clean and look after our personal hygiene.

TP-Can you think of any items like that?



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What are these items called?

What do are they used for?



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What are these items called?



What are they used for?



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What are these items called?



What are they used for?



Some of these objects can be harmful to us, so they need to be stored in a safe place.

Look at the pictures again and discuss whether these items need to be stored in the kitchen or in the bathroom.

Task

Working in small groups, children sort pictures of household items/products into the rooms where they would be found, either kitchen or bathroom; then each pair takes, for instance, the kitchen pictures and sorts those into items safe for them to use/not safe for them to use. Discuss the reasons why some items are safe/unsafe for them at this age.



Self assessment

Do you understand the task?

