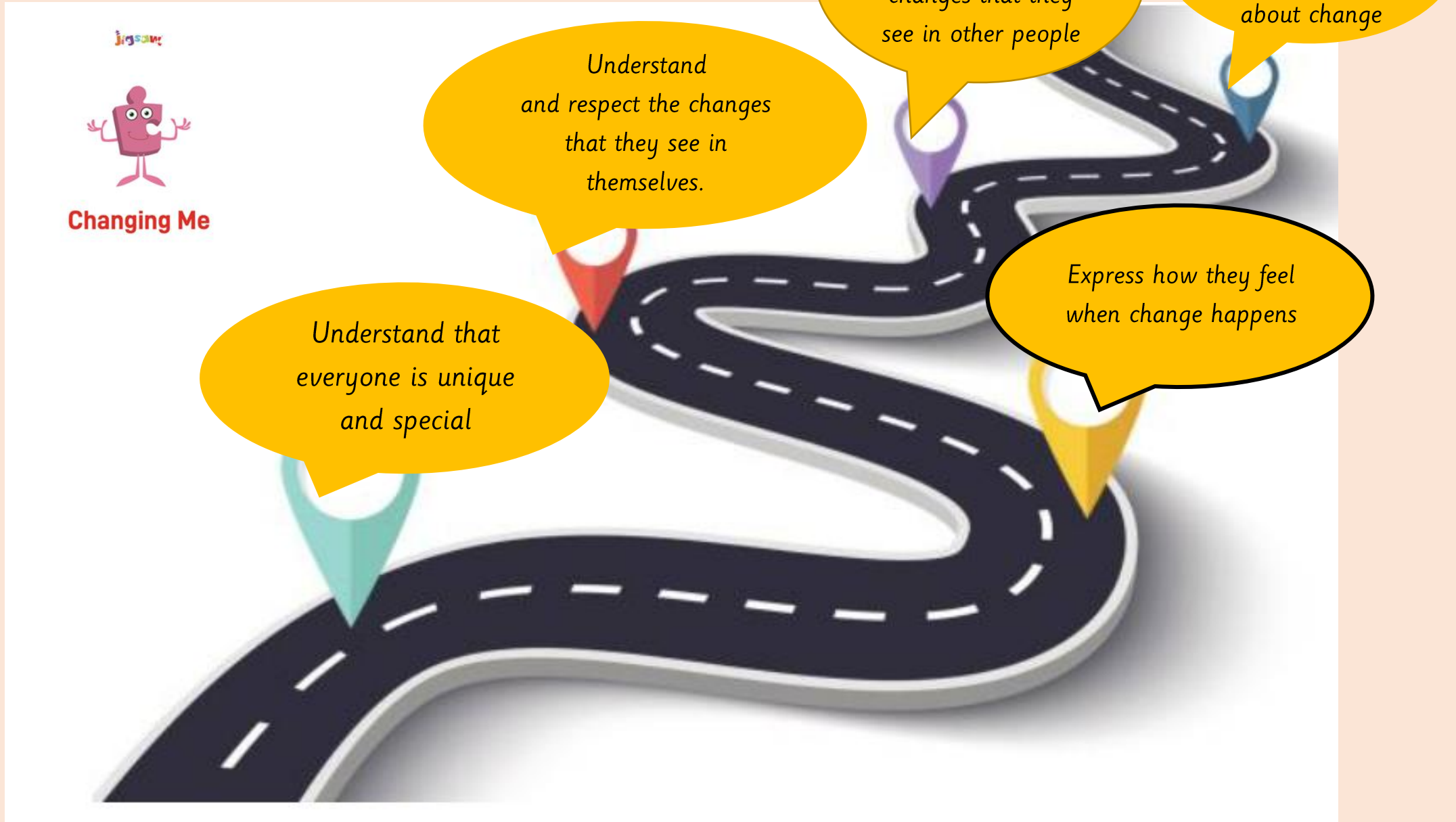


# Our PSHE Learning Journey



## Key vocabulary:

- Change
- Grow
- Life cycle
- Control
- Baby
- Adult
- Fully grown
- Respect
- Appearance
- Physical

WB Monday 17<sup>th</sup> June 2024



*LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?*



*Steps to success*

*I can identify people I respect who are older than me*

*I know that growing from young to old is out of my control*



LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?



## STAR WORDS



Appearance



Growing up



Young



Old



Respect

Physical



change

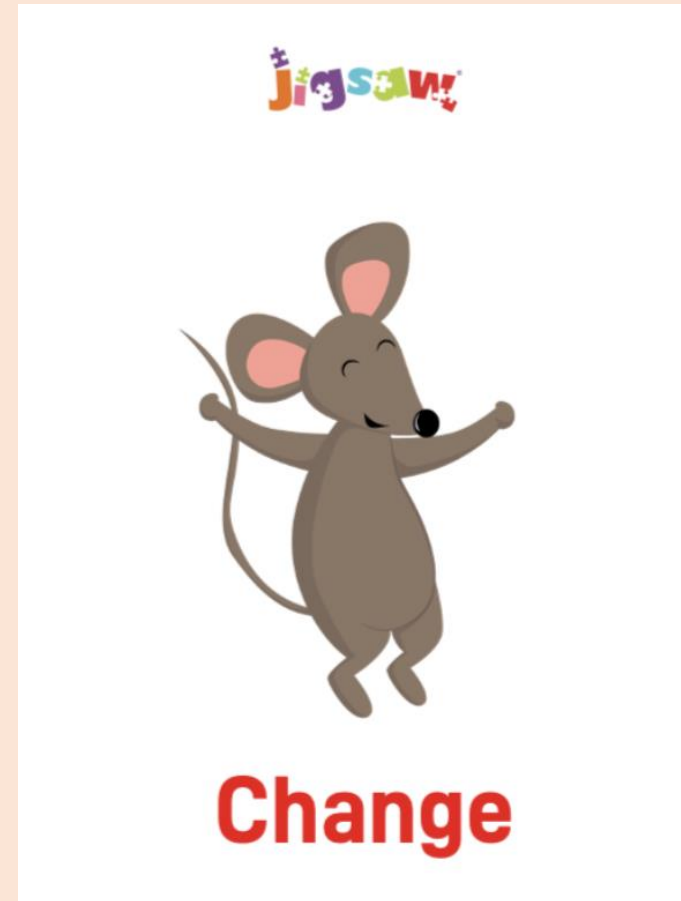


LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?

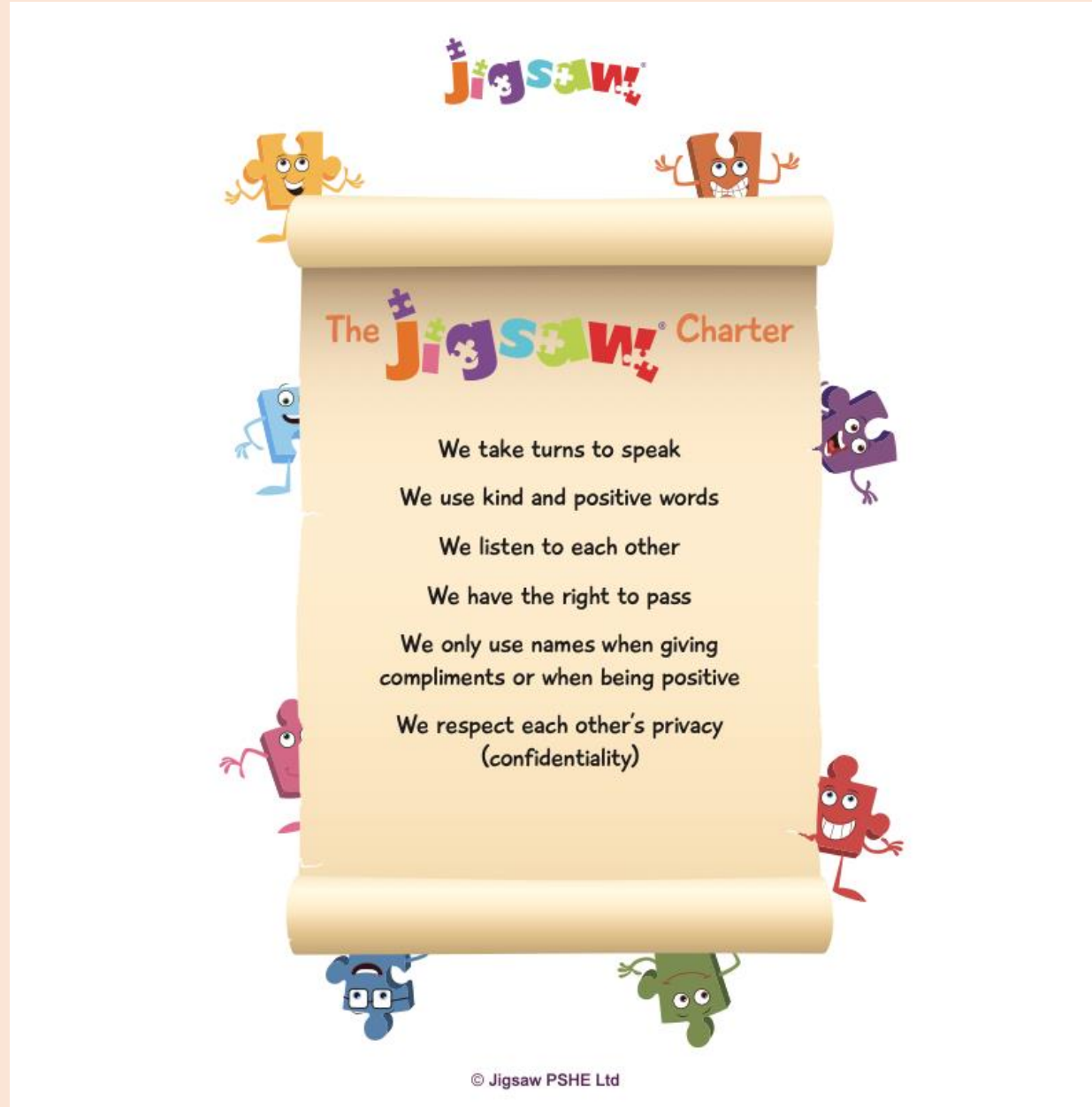
Let's play a game!

Move around the room as if you are mice e.g. tiptoe, little squeaks, rubbing whiskers, etc.

When the adult shouts the word 'change' and an animal, e.g. 'change - penguin,' or 'change - monkey', they turn into and act like that animal.



LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?



*LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?*



*TP: How have the people changed?*

LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?

*TP: How do our faces/bodies change as we become older?*

*What else might change for older people?*

*Can you think of 2 different changes to our bodies when we grow?*

Jigsaw!



Jigsaw!



Jigsaw!



*LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?*

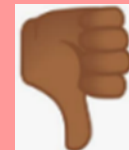
*Now we are going to pause for a few seconds*



*Close your eyes (if you are comfortable to do so) and focus on what you are thinking and feeling right now.*

*Self Assessment*

*Do you understand the changes our body makes when we grow?*



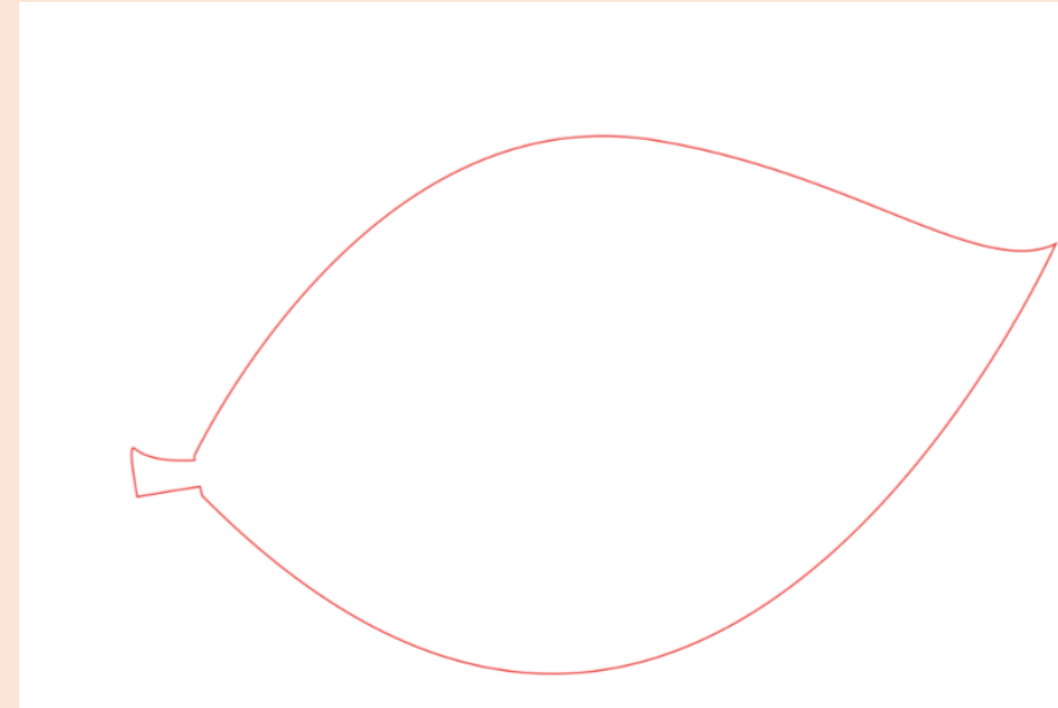


LQ: Can I tell you about the natural process of growing from young to old and understand that this is not in my control?

## Task

On your table there is a piece of paper with a leaf print, you are going to draw a picture of the person who is special to you.

When you have finished drawing on the back of the paper I would like you to write two things that you respect/like or love about this person.



### Self Assessment

Do you understand what to do?

