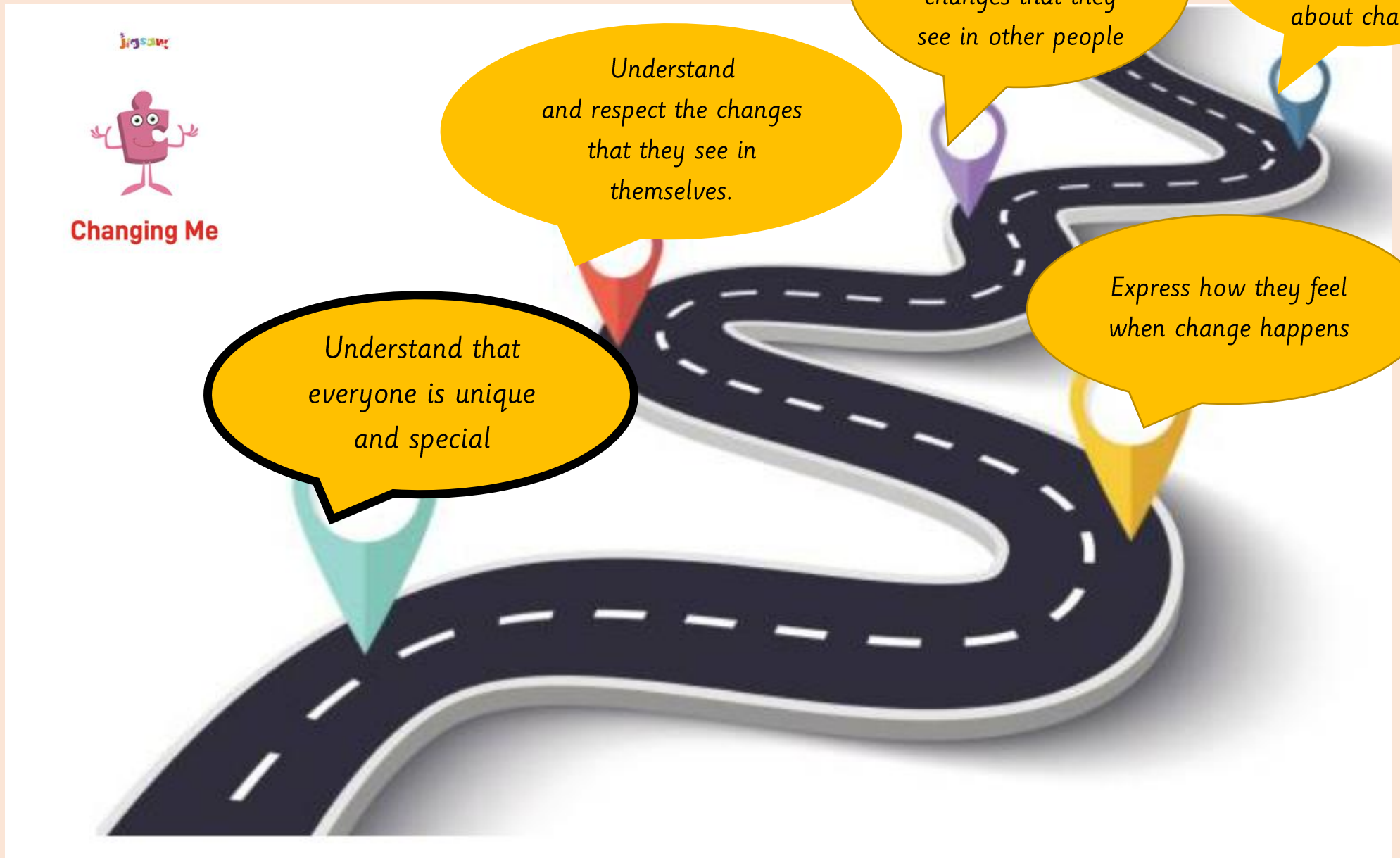


# Our PSHE Learning Journey



## Key vocabulary:

- Change
- Grow
- Life cycle
- Control
- Baby
- Adult
- Fully grown
- Respect
- Appearance
- Physical

WB Monday 15<sup>th</sup> July 2024



*LQ: Can I recognise how my body has changed since I was a baby and where I am on the continuum from young to old?*

Steps to success

*I can feel proud about becoming more independent.*



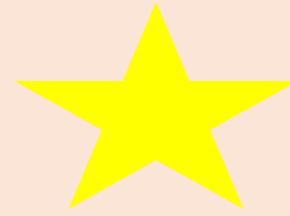
LQ: Can I discuss the natural process of growing from young to old ?

freedom

responsibilities



STAR WORDS



baby



toddler



independent



child



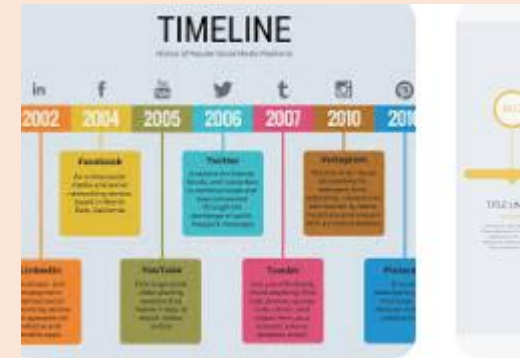
teenager



Adult



timeline



*LQ: Can I discuss the natural process of growing from young to old ?*



The Jigsaw Charter

- We take turns to speak
- We use kind and positive words
- We listen to each other
- We have the right to pass
- We only use names when giving compliments or when being positive
- We respect each other's privacy (confidentiality)

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The graphic features a central yellow scroll with the text. Surrounding the scroll are several colorful cartoon jigsaw pieces: two orange pieces at the top, a blue piece on the left, a purple piece on the right, a pink piece on the left, a red piece on the right, a blue piece at the bottom left, and a green piece at the bottom right. The 'Jigsaw' logo is at the top center.

LQ: *Can I discuss the natural process of growing from young to old ?*

jigsaw



What's in the bag?

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## Play Change:

*Jigsaw Jo has a mystery bag of items to show you. Look at the items carefully as I take them from the bag and see if you can work out the connection between the items and growing up/getting older.*

*Baby - rattle, dummy, feeding bottle*

*Toddler - building bricks, plastic bowl/mug, tiny shoes*

*Child -reading book, pencil & paper, Lego/construction toy*

*Teenager – cycle helmet, smart phone, make-up*

*Adult - car keys, credit card, passport, DIY tools*

*LQ: Can I discuss the natural process of growing from young to old ?*

*What do you think the connection is. For humans, growing up takes longer than for many living things. It doesn't only mean getting bigger, but also learning and being able to do more and more.*



*LQ: Can I discuss the natural process of growing from young to old ?*

## *Pause Point:*



*Stop, close your eyes, breathe deeply and notice your feelings in this present moment.*

*What are you thinking right now?*

*What are you feeling right now?*



LQ: Can I discuss the natural process of growing from young to old ?



*Look at the pictures of a baby growing.*

***What do you notice?***

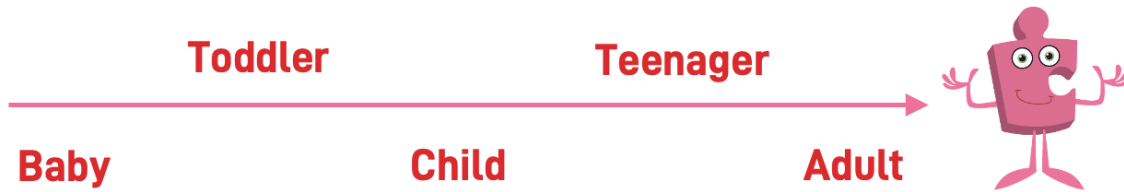
*Is there something that you can you do now that you couldn't do when you were a baby?*

*How will your life change as you grow up?*



LQ: Can I discuss the natural process of growing from young to old ?

  
**Timeline**



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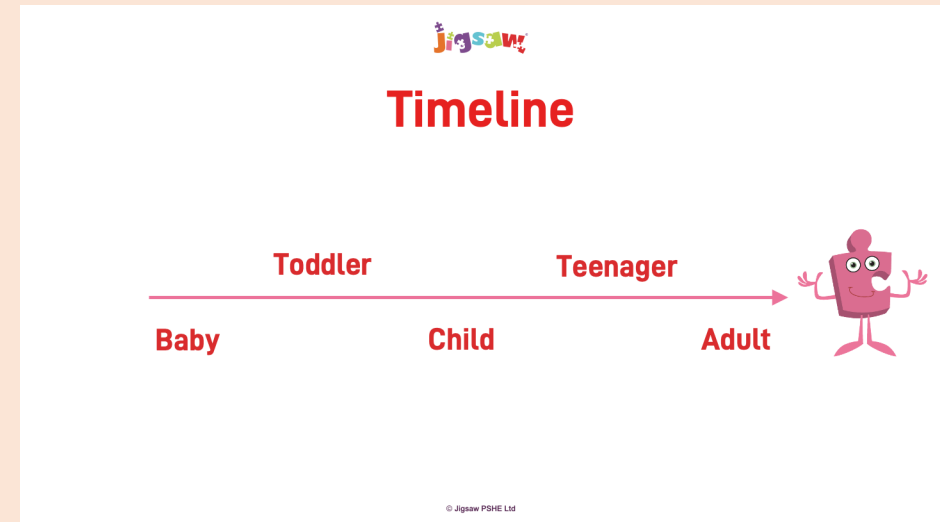
TP: How will your life change as you grow up?

In your table groups, use the labels 'Baby', 'Toddler', 'Child', 'Teenager', 'Adult' to make a continuum/timeline on the floor.

LQ: Can I discuss the natural process of growing from young to old ?

Task :

Complete your own timeline using the labels on your table



### Self Assessment

Do you understand what to do?

