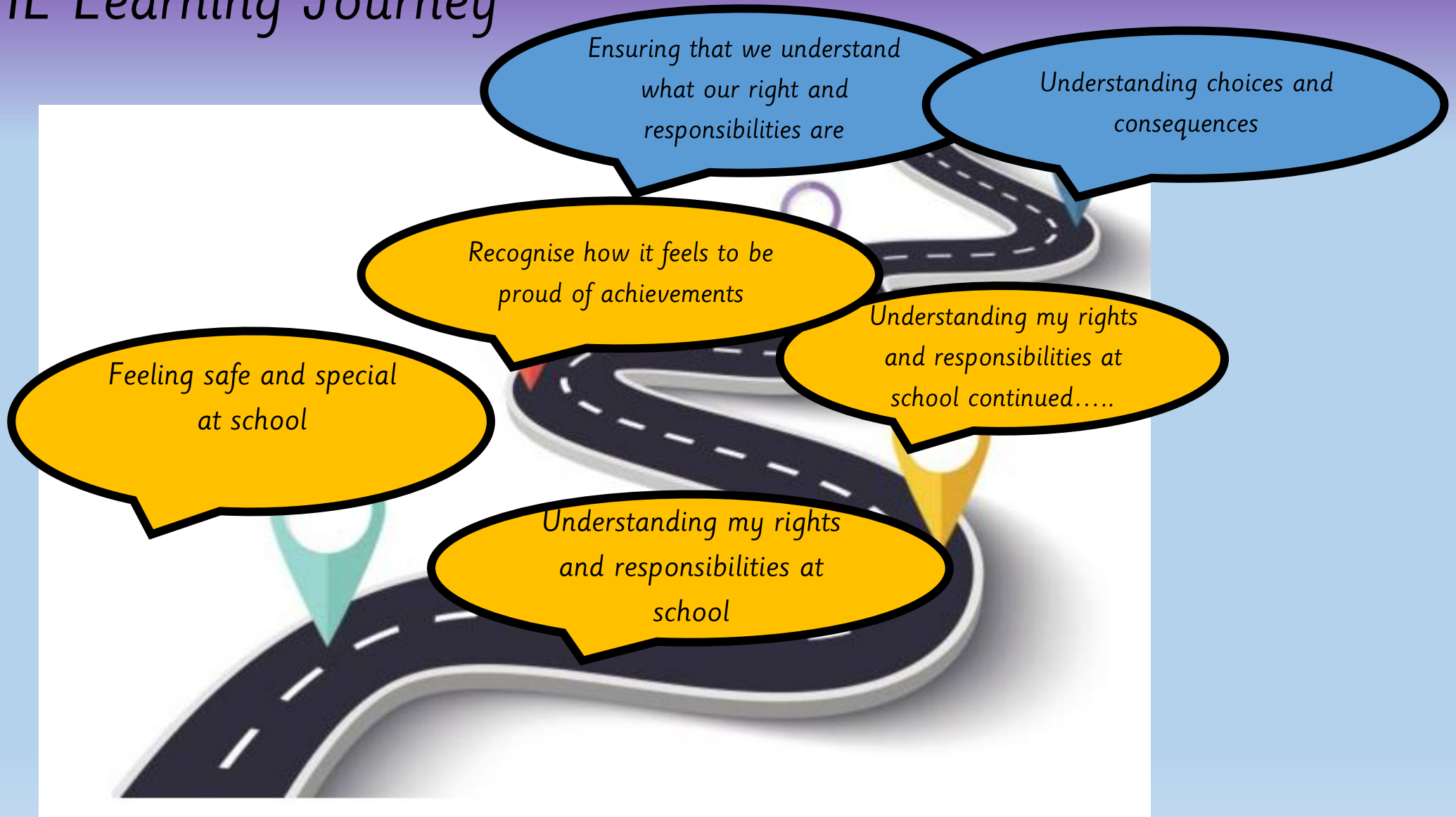


# Our PSHE Learning Journey

Key vocabulary:





PSHE

Week 5

## Starter



*Sit in a circle.*

*Change places if you are wearing a cardigan.*

*Change places if you have a jumper*

*Change places if you have blond hair*

*ect.*

Tuesday 30th September 2025



*LQ: Can I recognise how it feels to be proud of an achievement?*

*Steps to success*



*I can recognise what a proud face looks like.  
I can make a proud face.*

# Star words

Rewards



Proud



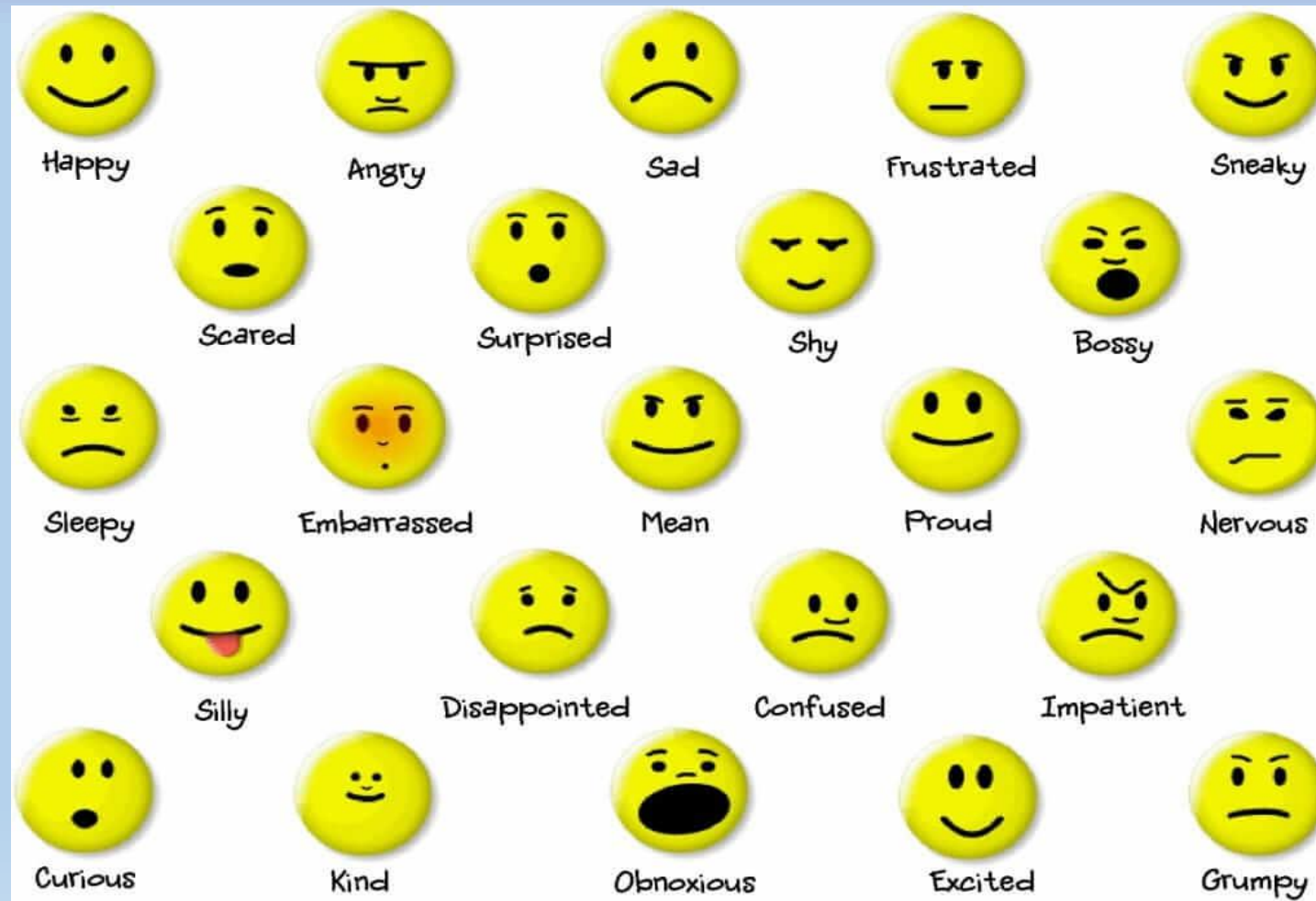
## Calm me



Ring the chime. Stay silent so you can hear the chime.

Think about a happy place in your mind.

Let's make different faces. Can you show a....



*Today we will focus on being proud.  
Can you show a proud face?*



*We show our proud face when we achieve something and this makes us feel really good about our achievement.*

Do you think these children are proud?  
If yes, what could they be proud about?



Self assessment  
Do you understand what being  
proud means?



## What are you proud of?

Let's go round the circle and think of things you have done that you are proud of.

Make a proud face when you tell us.

I feel proud when...

### Don't forget the circle rules

1. Respect each other in the circle- Only one person can speak at a time. Do not interrupt a person who is speaking.
2. You have the right to pass- You do not HAVE to speak only speak if you feel comfortable. If you want to pass when the speaking object is given to you just pass it on.
3. Confidentiality- Don't use peoples names when telling a story of someone who upset you.



Draw what you are proud of.

You can write a sentence or a word to match.

*I am proud of myself because...*



Self assessment

Do you understand the task?

