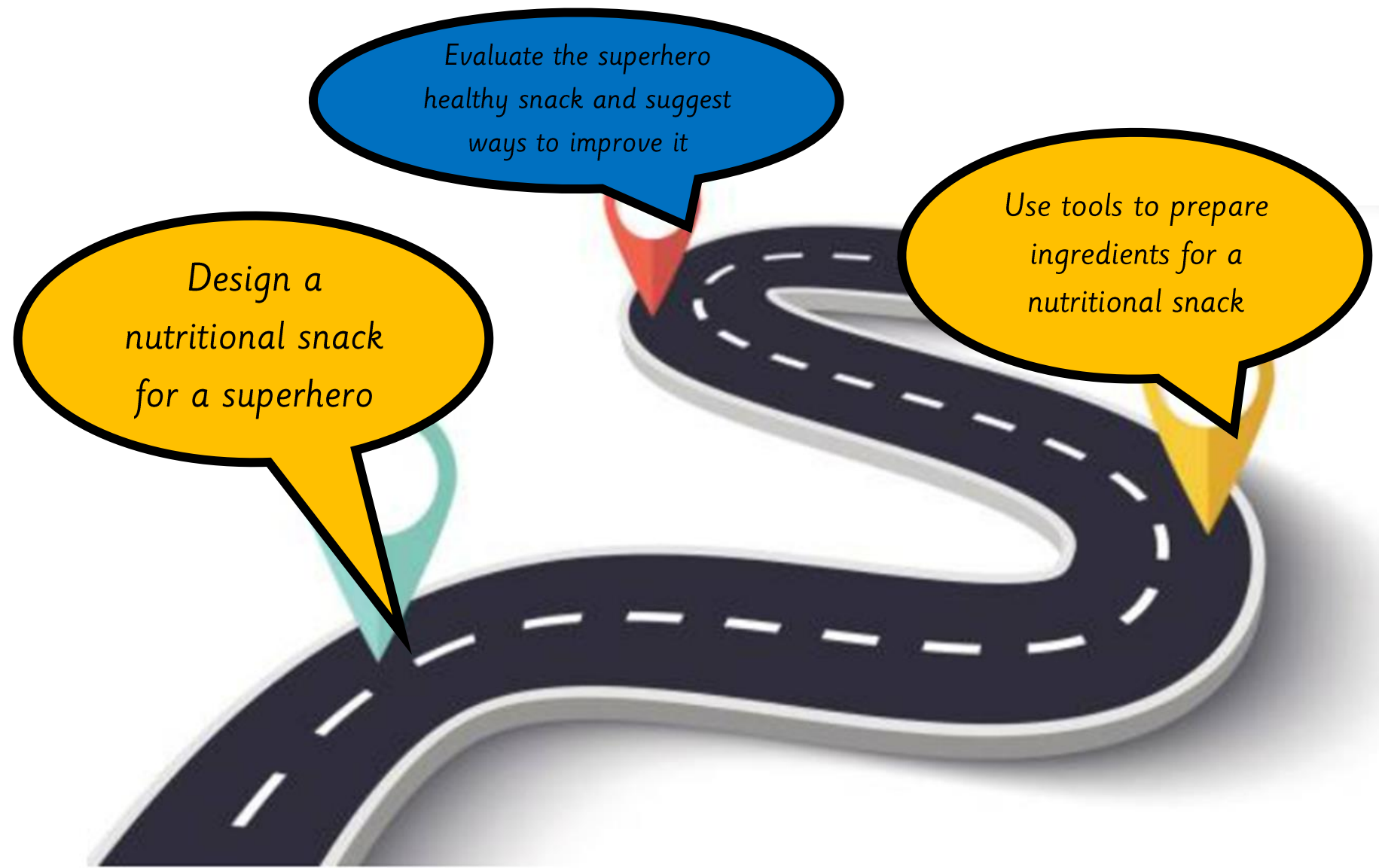


Design & Technology

Week 3

Our DT Learning Journey

- Key vocabulary
- Nutrition
- Nutrients
- Vitamins
- Minerals
- Healthy
- Food
- Plants
- Animals
- Farmed
- Processed
- Harvested
- Transported

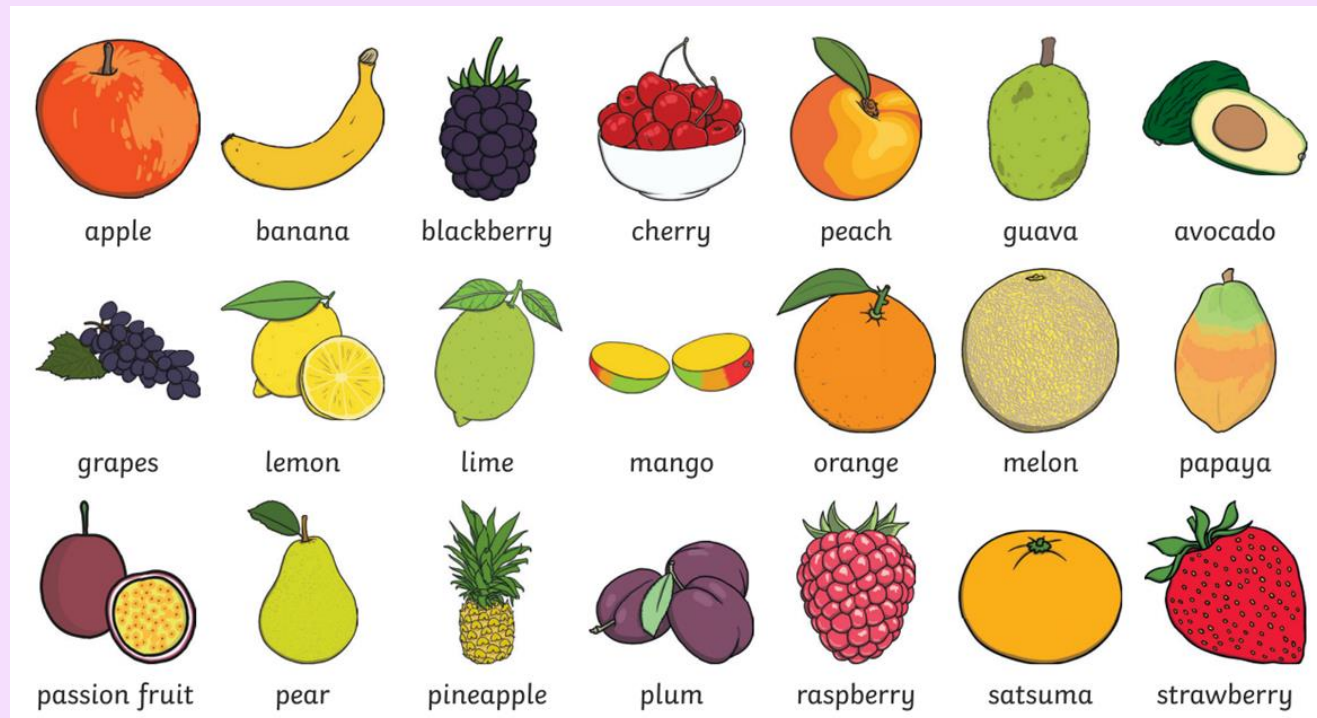


LQ: Can I use tools to prepare ingredients for a nutritional snack?

Review

SUPERHEROES

*TP - What do Superheroes need to stay healthy?
What did you design last week?*



LQ: Can I use tools to prepare ingredients for a nutritional snack?



Steps to success

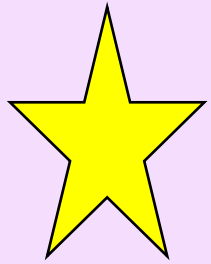


All: I can name the tools.

Most: I use the tools safely.

Some: I explain what we use each tool for.

Star words



design



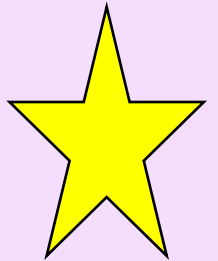
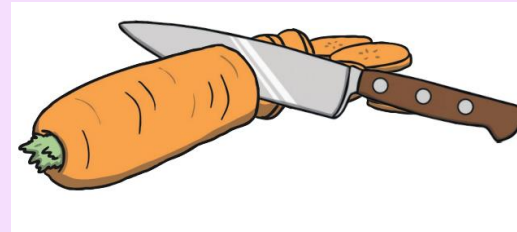
chop



salad



slice



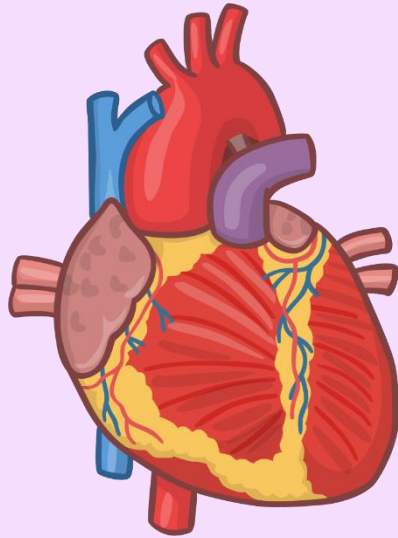
fruit salad



knife



TP – Why is it important to be healthy?



Stem sentence:

It is important to be
healthy because...


Eating healthy will help us all feel
great and keep our bodies strong!

Today we are going to use our design from last week to make a nutritional snack for a superhero.

Design a snack for a Superhero


I will make: _____

Circle the healthy ingredients



Cut and stick the pictures of healthy ingredients to design your snack

NS – Circle the plates of food that are healthy for a Superhero.



Design a snack for a Superhero

I will make: _____

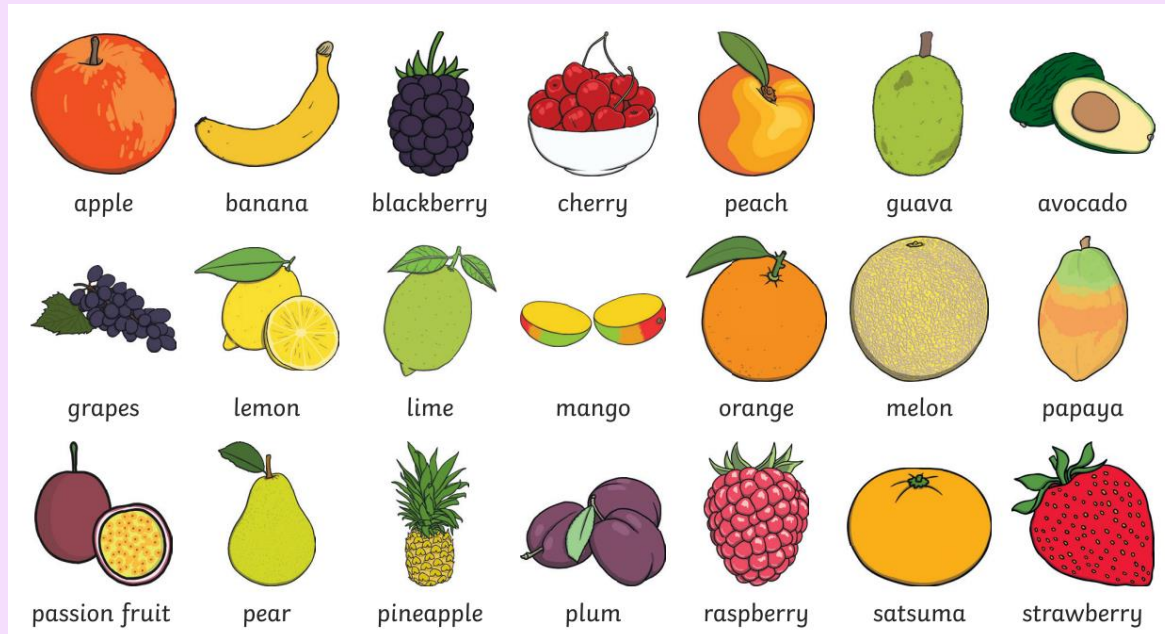
<i>Ingredients:</i>	<i>Equipment:</i>
_____	_____
_____	_____
_____	_____
_____	_____

Draw your snack for a Superhero.

NS – Why is eating healthy important?

Look at your design and tell your talk partner what ingredients you chose to make your snack.

TP: Can you identify the fruits? Can you identify the vegetables?



What tools will you need to prepare your snack?



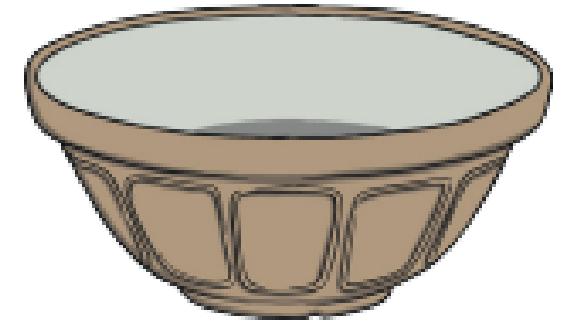
knife



wooden spoon



chopping board



bowl



Task

Use the tools to cut, chop and slice your ingredients.



Photo of process and a few child's voice

Self assessment

Do you understand what to do?

