



Week 4



Calm me



Close your eyes and I will ring the chime. Keep your eyes closed until you stop hearing the chime.

Think about: How do you want to be treated in the classroom.

I want to be treated ...

Friday 28th November 2025



L.Q: Can I try to solve problems?



Steps to success:

I can recognize what is right and wrong.

I know how to look after myself.



STAR WORDS



Help



Bully



Lonely



Stand up for



Bystander

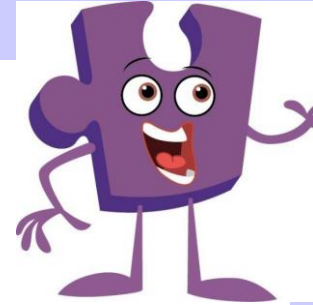


This is the Jigsaw Charter.
The charter (rules), help us
make good choices at school.

TP: Why is it important to have
rules at school?



Game time!



Belonging game:

Each child will get a card with a number on it.

You must not talk, but must find the others in the group with the same number. E.g. all the number 1s make a group, etc.

When all members are found, children sit down in their number groups, still as part of the larger circle.

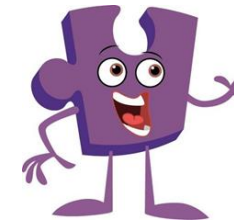
Class discussion:

How did it feel to belong during the game?

How did it feel to be left out?

How can we help others feel they belong?

What can we say to invite others to join us?



Song Time!

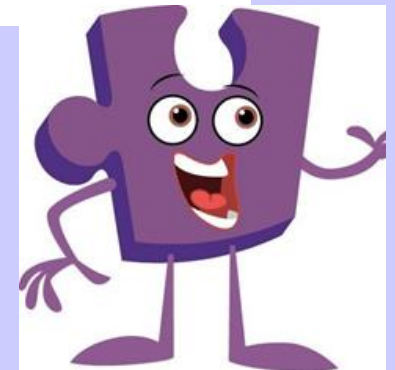
Lets listen to this song...

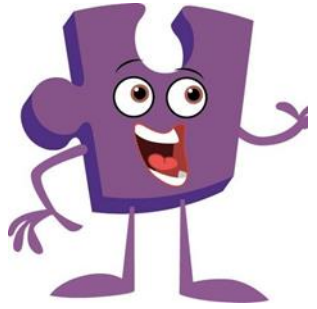


Jigsaw!

There's a Place
(Celebrating Difference)

 [There's a Place Ryan Larson](#)





Discussion:

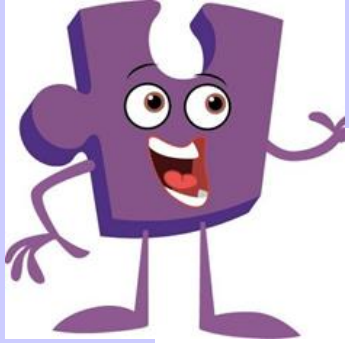
What *thoughts* or *feelings* did you have as you were listening to the song?

Why?



Jigsaw!

There's a Place
(Celebrating Difference)



This is Jigsaw Jo. Sometimes he feels *lonely* when he is in the playground.

How could you help Jigsaw Jo if this happened again?



TPs: Have you ever felt lonely in the playground?

What could you do if you saw someone who was alone or looked sad in the playground?

Recap!

- **Bullying** is something that doesn't just happen once: it goes on over time and happens again and again.
- It is **deliberate**: hurting someone on purpose, not accidentally.
- It is **unfair**: the person doing the bullying is stronger and more powerful (they might be older, bigger, or there may be more of them, and even if they are enjoying it, the person they are bullying is not).



Task 1 : Freeze frames - Each group will act out a different scenario.

Emma teases Liam every day because he finds reading difficult.

Ava gets called silly names by Mason and Mia because she has two Mums.

Amit gets called names because his hair is as long as his sister's.

Scarlett and Ben always trip up Lily in the playground.

Sofia hides Luke's things so he can't find them.

Ellie likes playing games online. Henry and Ali deliberately keep shooting her character so she can't get to the next level.

Skylar teases Stella because she has asthma and sometimes wheezes when she does P.E.

Self assessment
Do you understand the task?



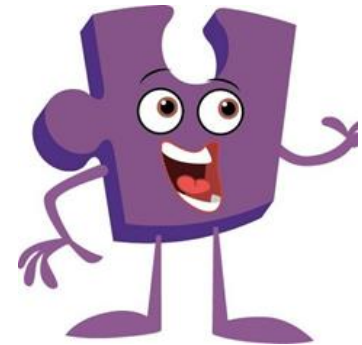
Task 2 : Reflection of the lesson

TPs:

Which part(s) of the lesson did you enjoy the most? Why?

How did it feel when we played the game 'Belonging? Why?

Write your reflection on the blank 'puzzle piece.



Self assessment

Do you understand the task?

