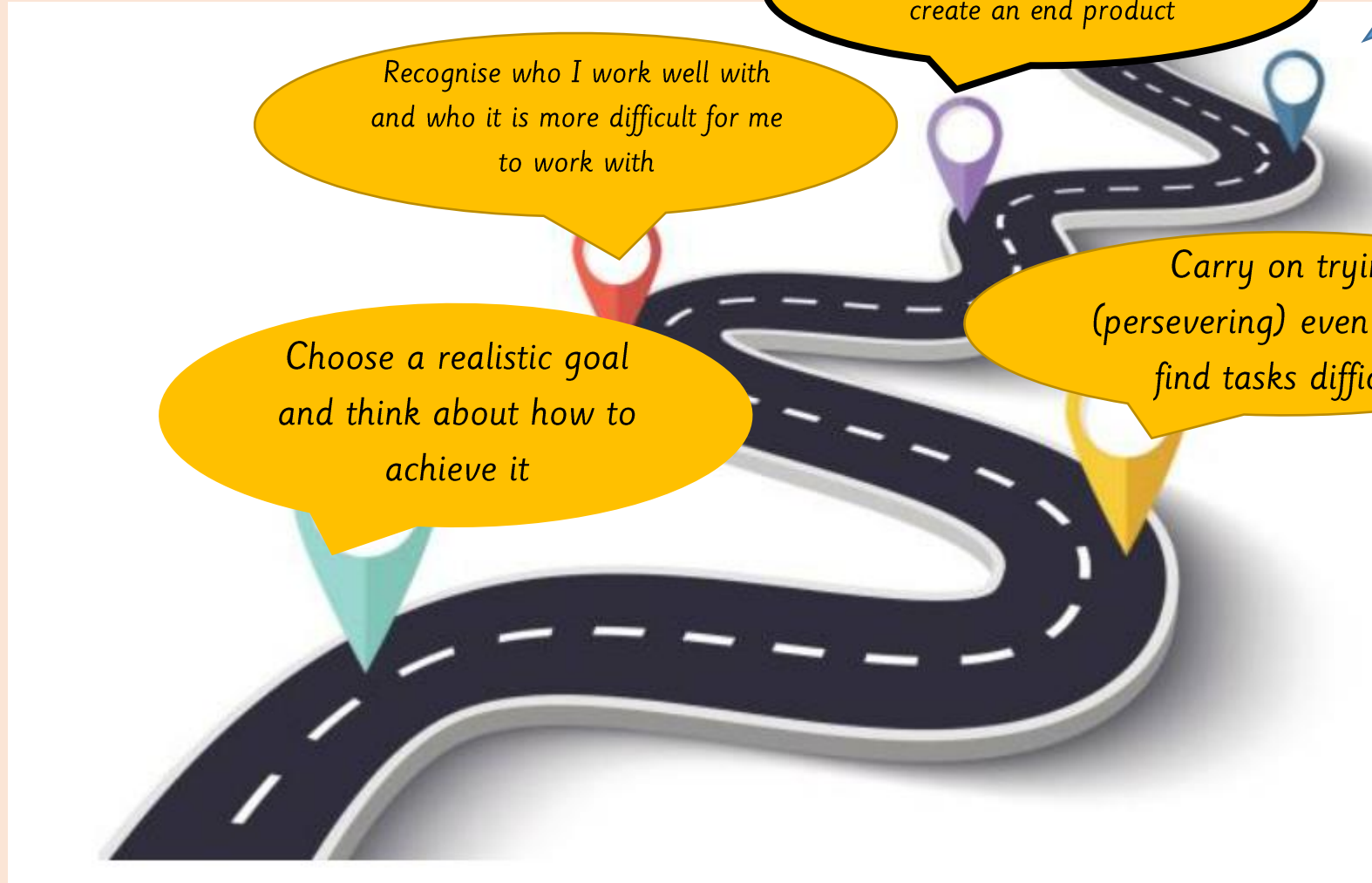


# Our PSHE Learning Journey



Recognise who I work well with and who it is more difficult for me to work with

Work well in a group to create an end product

Know how to share success with other people

Choose a realistic goal and think about how to achieve it

Carry on trying (persevering) even when I find tasks difficult

## Key vocabulary:

- Learning together
- Success
- Celebrate
- Achievement
- Challenge
- Product
- Dream bird
- Group
- Team work
- Problem-solve

Tuesday 27th January 2026



*LQ: Can I work well in a group to create an end product?*

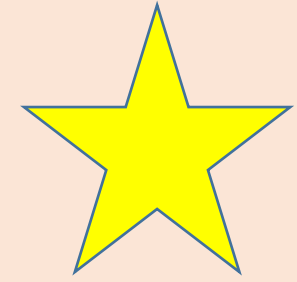
*Steps to success*

*I can recognise who I work well with.*

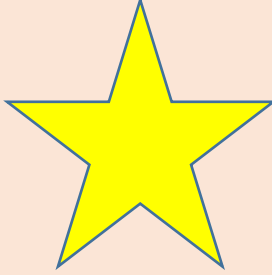
*I can recognise how to work well in a group to create an end product.*

*I can work with other people in a group to problem solve.*





# Star Words



*learning together*



*celebrate*



*partner*



*problem solve*



*goal*



*teamwork*

Tuesday 27<sup>th</sup> January 2026

LQ: Can I work in a group to create an end product?

*Can you feel your tummy rise and fall as your lungs fill with air?*

*Do this several times. As you breathe out feel any worries or noisy thoughts float away over the hills and into the distance, like the sound of the chime.*

*Worries and noisy thoughts float away over the hills as you breathe in and out slowly and gently.*

*You feel happy and peaceful. Your mind is nice and calm and ready to learn.*



Tuesday 27th January 2026

LQ: Can I work well with a partner or in a group?

# Let's play a game!



## Pass the Ball

Let's play **Pass the Ball**. One person starts by throwing the ball across the circle. The person who catches the ball will then throw it to someone else in the circle. Once you have had a turn, sit down.

*TP's – How does this game make you feel?*

*What did you do to help you catch the ball?*

*How did we work together as a team?*

*Tuesday 27th January 2026*

*LQ: Can I work well with a partner or in a group?*

*Let's look at some inspiration for what our  
Garden of Dreams could be...*

*Tuesday 27<sup>th</sup> January 2026*

*LQ: Can I work in a group to create an end product?*



*Tuesday 27<sup>th</sup> January 2026*

*LQ: Can I work in a group to create an end product?*



*Tuesday 27<sup>th</sup> January 2026*

*LQ: Can I work in a group to create an end product?*



Tuesday 27<sup>th</sup> January 2026

LQ: Can I work in a group to create an end product?

## Task:

Using your imagination, you are going to work in groups of four to create a bird for our Garden of Dreams and Goals. We are going to continue this over the next two lessons.



### Self Assessment

Do you understand the task?

