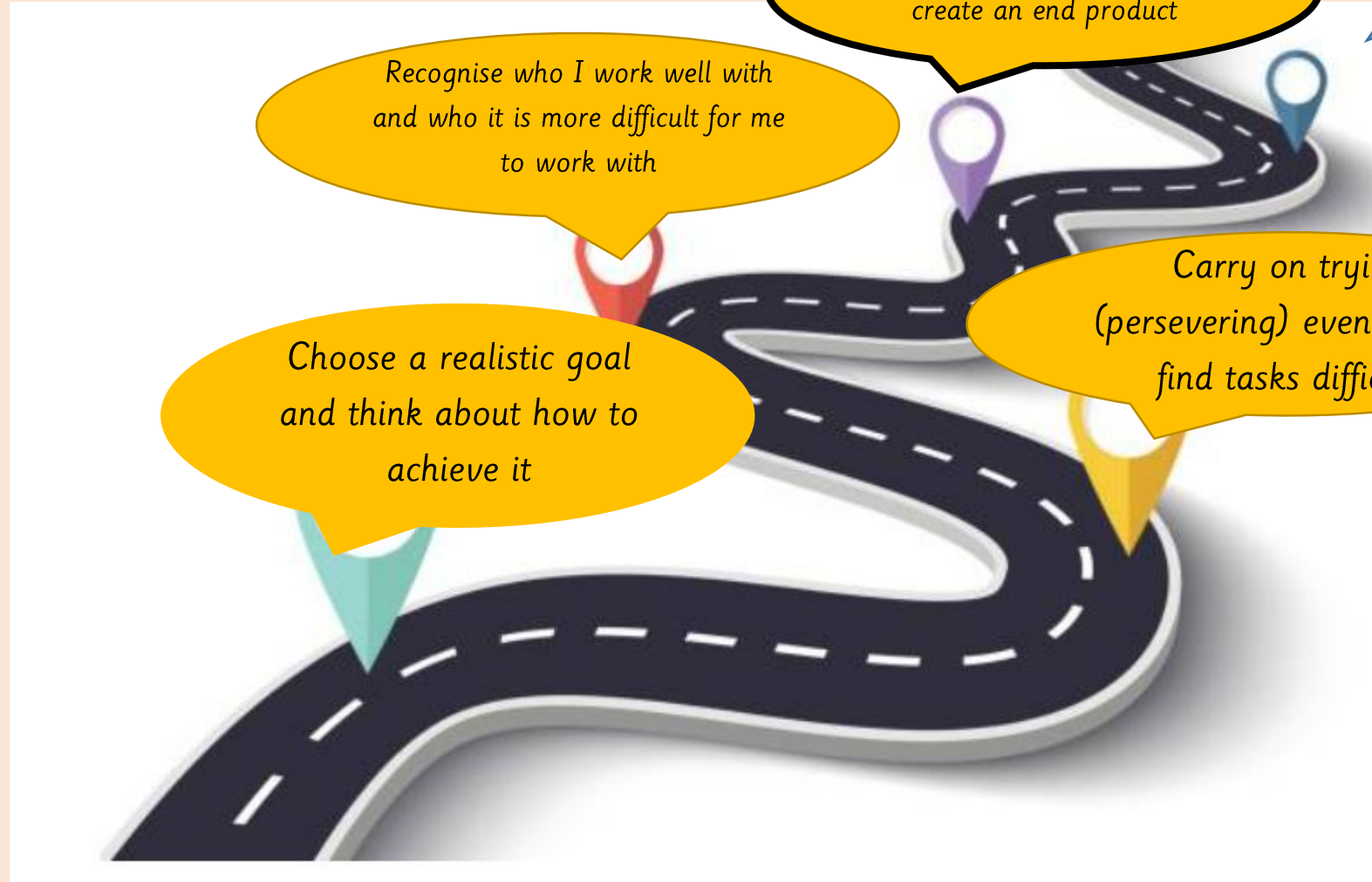


# Our PSHE Learning Journey



Recognise who I work well with and who it is more difficult for me to work with

Work well in a group to create an end product

Know how to share success with other people

Choose a realistic goal and think about how to achieve it

Carry on trying (persevering) even when I find tasks difficult

## Key vocabulary:

Learning together

Success

Celebrate

Achievement

Challenge

Product

Dream bird

Group

Team work

Problem-solve

Monday 2nd February 2026



*LQ: Can I work well in a group to create an end product?*

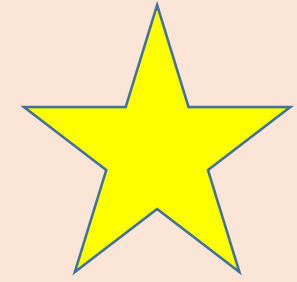
*Steps to success*

*I can recognise who I work well with.*

*I can recognise how to work well in a group to create an end product.*

*I can work with other people in a group to problem solve.*





# Star Words



*learning together*



*celebrate*



*partner*



*problem solve*



*goal*



*teamwork*

Monday 2nd February 2026

LQ: Can I work in a group to create an end product?

*Can you feel your tummy rise and fall as your lungs fill with air?*

*Do this several times. As you breathe out feel any worries or noisy thoughts float away over the hills and into the distance, like the sound of the chime.*

*Worries and noisy thoughts float away over the hills as you breathe in and out slowly and gently.*

*You feel happy and peaceful. Your mind is nice and calm and ready to learn.*



Monday 2nd February 2026

LQ: Can I work in a group to create an end product?

## Task:

Continue to work in your groups of four to create a bird for our Garden of Dreams and Goals.



**Self Assessment**

Do you understand the task?

