

Friday 13th March 2026



LQ: Can I explain how medicines work?

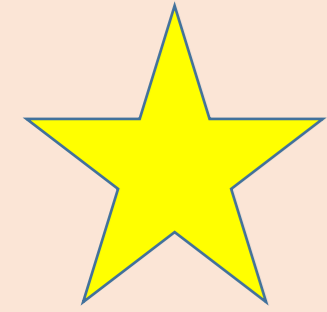
Steps to success



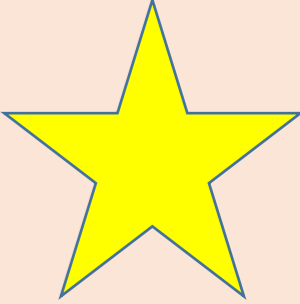
I can understand how medicines work in my body.

I can explain the importance of using medicines safely.

I can explain how



Star Words



body



unhealthy



healthy



healthy choices



dangerous



safe



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Let's play a game!

Play 'Pass the Treasure Chest':

Today we are going to set the class the goal of passing treasure chest all around the circle *without making a sound*.

Sit in a circle, you will pass Jigsaw Jo's treasure chest (filled with beads, marbles, coins, coloured stones).



Medicines

TP - Have you heard of these different types of medicine?

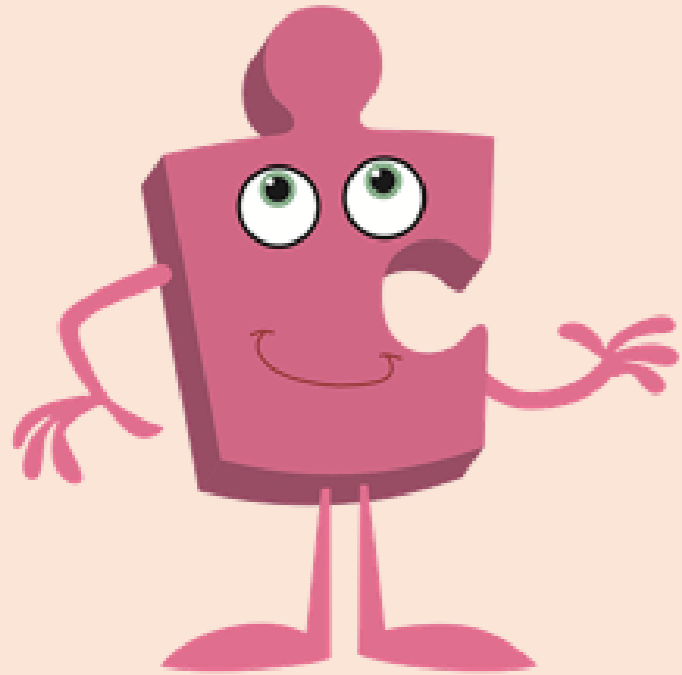
What is each medicine for?



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Jo is feeling unwell today. Jo has a headache and can't concentrate on school.



TP - What could Jigsaw Jo do to make the headache better?

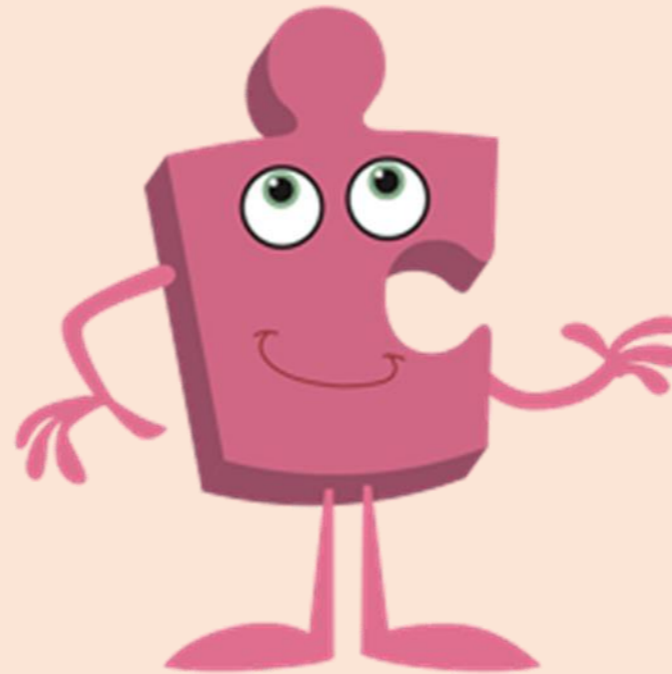
Is there a medicine that could help Jigsaw Jo? What sort of medicine?

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TP - Will any of these medicines help Jo?

How do we know if this is the right medicine for Jo?



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Medicine Safety

Children must never take medicine on their own as this could be very dangerous and harm their bodies.

They must only take medicine when a trusted adult gives it to them.

They must only take the dosage it says on the bottle/packet, NOT more.

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Medicine Safety

Children must **NEVER** take each other's medicine.

Medicine must be kept in a locked cupboard out of children's reach at home.

There are lots of different ways we can try to help ourselves feel better, but sometimes medicine can help us get better.

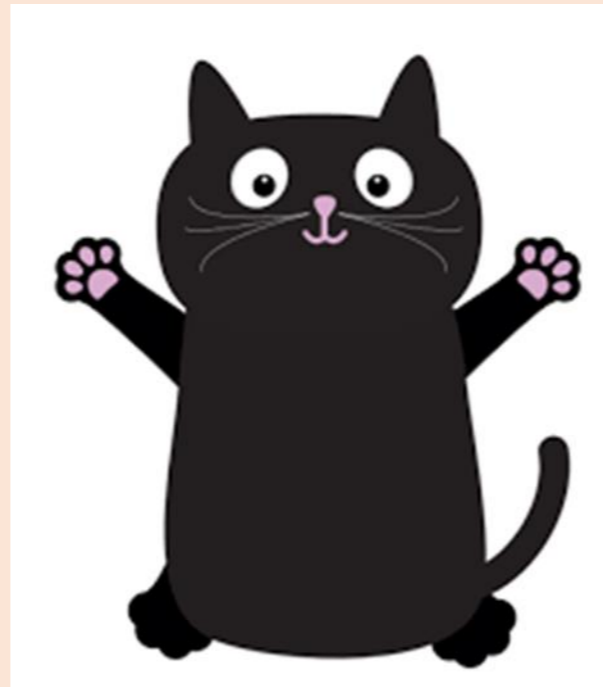
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Jerrie Cat has grazed her paw.

TP- What medication will help?

How do we know if this is the right medicine for Jo?



Task

You are going to draw and write two ways which show how we can be safe when taking medicine.



Self assessment
Do you understand what to do?

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