

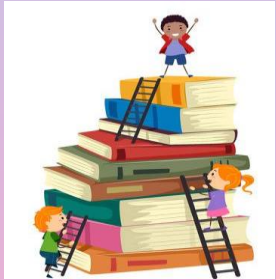


*PSHE*

*Week 5*



## *LQ: Can I keep myself safe when crossing the road?*



### Steps to success

- *I know how to keep safe when crossing the road*
- *I know who can help me stay safe when crossing the road*
- *I recognise when I feel frightened I know who to ask for help*

LQ: Can I keep myself safe when crossing the road?

Monday 23rd March 2026



# Star words



road



safety



green cross code



ears

eyes

Listen



look



wait



*LQ: Can I keep myself safe  
when crossing the road?*

*Monday 23rd March 2026*

*Calm me*



*Ring the chime . Stay silent so you can hear the  
chime.*

*What thing that makes you happy will you think  
of?*

*LQ: Can I keep myself safe when crossing the road?*

*Monday 23rd March 2026*

*Let's play "pass and squeeze"*



Let's sit in a circle. You are going to squeeze the persons hand that you are holding, we are going to take turns one at a time going around the circle when your hand is squeezed tell the group somewhere you feel safe and why?

*Self assessment*

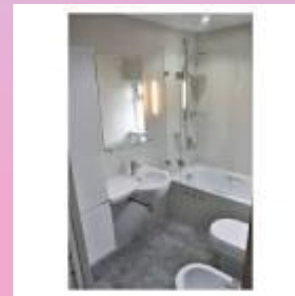
*Do you understand how to play the game?*



Let's play a game...

Where do Jigsaw Jack feel safe?

I am going to show you some places , I want you to use your thumbs to show me if you think he feels safe in those places? Remember thumbs up for yes, thumbs down for no or thumbs in the middle for not sure.



TP- Where do you feel safe and why?

TP- Who can help you feel safe?

Why is it important for you to feel safe?

*Let us learn how to cross the road*

1. Think first
2. Stop
3. Use your eyes and ears
4. Wait until it's safe to cross
5. Look and listen
6. Arrive safely



*LQ: Can I keep myself safe when crossing the road?*

*Monday 23rd March 2026*

*Look at this picture..*

*TP- What things might you hear and see when crossing the road?*



*TP-What are the six steps for crossing the road safely?*

*Remember to follow the rules when crossing the road and if you feel scared you can always ask your adult for help.*

*Adult to choose a child to share with the class*

*LQ: Can I keep myself safe when  
crossing the road?*

*Monday 23rd March 2026*

## *Task*

*Today we are going to play a game practicing to cross the road safely. Then you are going to design a poster showing how to cross the road safely.*

*Self assessment*

*Do you understand the task?*

