



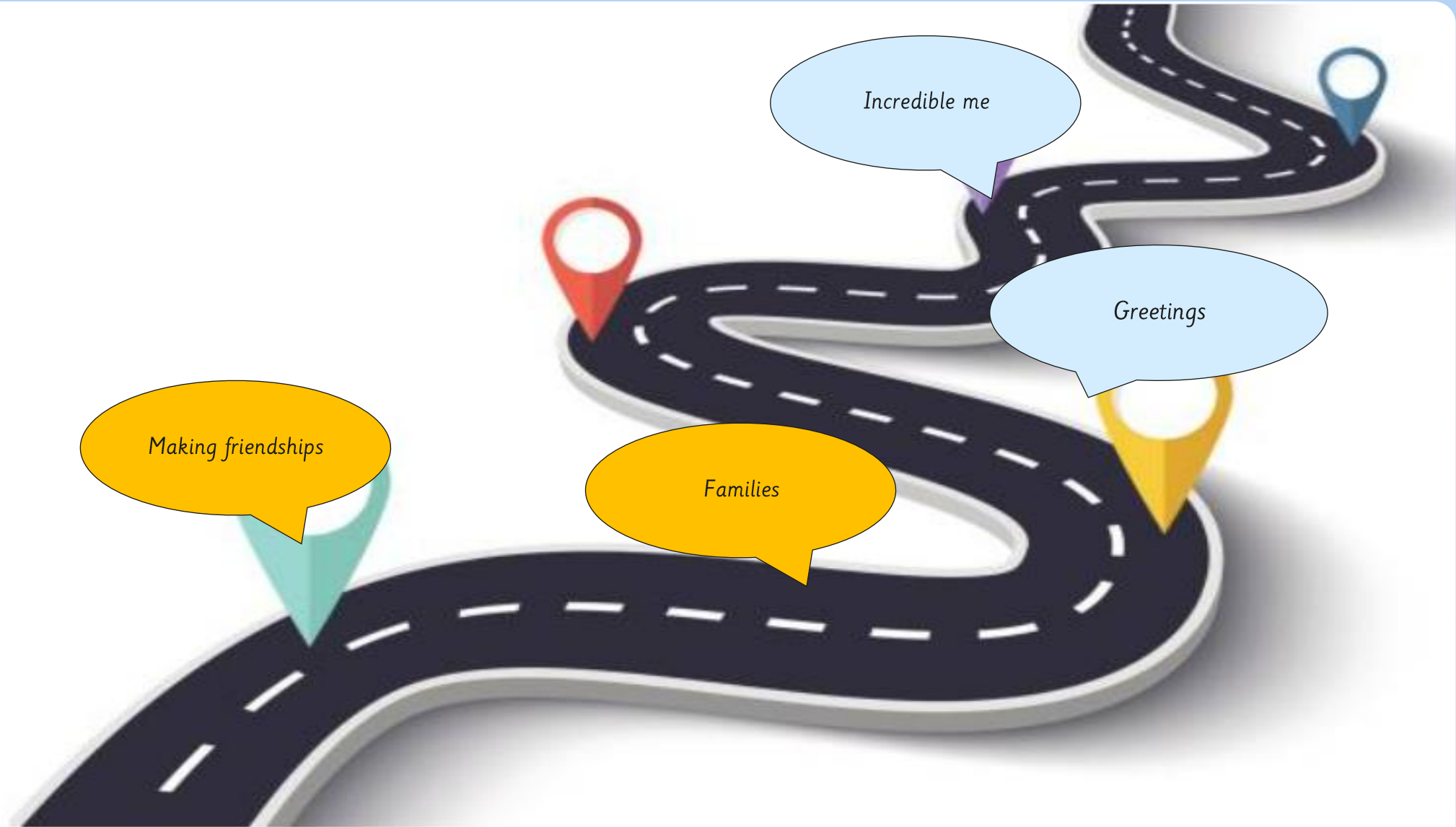
# *PSHE*

*Week 1*

# PSHE learning journey

## Key Vocabulary

- Friends
- Kind
- Friendship
- Sharing
- Qualities





*LQ: Can I identify what being a good friend means to me?*

### *Steps to success*



- I can understand how to make friends.*
- I can identify what being a good friend means to me.*

# Star words



*friends*

*kind*

*sharing*



*qualities*

*caring*



*LQ: Can I identify what being a good friend means to me?*

*Thursday 16th April 2026*

*Calm me*



*Ring the chime . Stay silent  
so you can hear the chime.*

*What thing that makes you  
happy will you think of?*

*Lets play this game!*

Option 1: Play Hedgehogs. Children to move around the room to the music, when the music stops children curl up on the floor like hedgehogs. Ask the children to close their eyes. Put a blanket over one child, the others stand up and guess who is under the blanket. Ask the children what they like about the person who is under the blanket, being the hedgehog. Repeat as time allows.



<https://www.youtube.com/watch?v=nRtRImoyfyw>

*Sentence stem: I like that \_\_\_\_\_ is \_\_\_\_\_.*

LQ: Can I identify what being a good friend means to me?

Thursday 16th April 2026



What makes a 'good' friend?



Do friends always get on well?



What helps people to be friends?



What do you look for in a friend?



CT talk about the qualities of a good friend.

*LQ: Can I identify what being a good friend means to me?*

*Thursday 16th April 2026*

*Are they being a friend?*



*How do you know?*

LQ: Can I identify what being a good friend means to me?

Thursday 16th April 2026

Are they being a friend?



How do you know?

Self assessment

Do you understand what it means  
to be a good friend?



## TASK

Form the children into groups of 3 or 4. Give each group a set of the cards with qualities that might make a good friend. Ask them to discuss them and sort them according to whether they think they are true or false, e.g. a good friend should wear nice clothes; a good friend should be kind; a good friend should give you all their things, etc. Then ask the children to bring their favourite quality to the carpet to share with Jigsaw Jack.

*Self assessment*

*Do you understand the task?*

