

Friday 24th April 2026



LQ: Can I identify some of the things that cause conflict with my friends?

Steps to success



I can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends.

I know how to resolve problems without arguing with my friends.

Star Words

conflict



positive problem solving



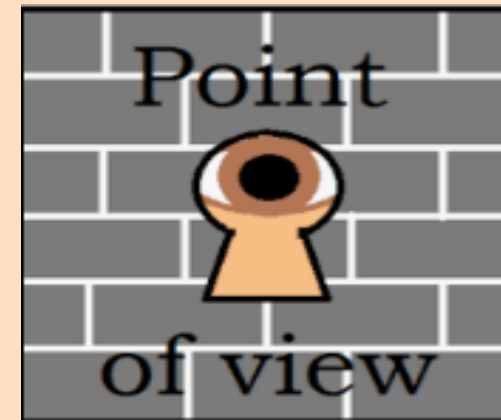
friends



likes / dislikes



point-of-view



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Can you feel your tummy rise and fall as your lungs fill with air?

Do this several times. As you breathe out feel any worries or noisy thoughts float away over the hills and into the distance, like the sound of the chime.

Worries and noisy thoughts float away over the hills as you breathe in and out slowly and gently.

You feel happy and peaceful. Your mind is nice and calm and ready to learn.



Let's play a game!

We are going to play a game called 'Switch'. I will say one of the statements below. If it applies to you, then you will switch spaces with another person around the circle. If it does not apply to you, you do not move.



Switch

For Class Teacher:

- You have any brothers or sisters
- You have a grandparent living with you or near you
- You are the oldest/youngest child in your family
- Your family has ever moved house
- You share a bedroom with another family member
- Your family has relatives who live abroad, etc.




It is possible for even the closest of friends to fall out sometimes, but we can learn how to fix a broken friendship if both people are willing to try.



TPs - What might have happened in these pictures? Why are they upset with each other?

Lets have a look a ways for us to mend friendships.



	<p>Stop</p> <p>Think about how you're feeling. Angry? Upset? Disappointed? Let down? Try to calm these feelings so you can think about what's gone wrong.</p>
	<p>Get Ready</p> <p>Look at each other's point of view. Listen to how the other person sees it. Talk calmly about how you see it. Work out what's gone wrong.</p>
	<p>Mend the Friendship</p> <p>Say sorry if you need to (even if it's hard). Agree how to put it right. Do something fun together. Have a special 'make friends' sign, gesture or phrase (touch little fingers, say "make friends, make friends...").</p>

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Now let us role play about what we could do to mend a friendship that has been broken. While you are doing this think about the questions below:



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What do you like about this way of mending a friendship?

What do you think would work?

Can you think of anything else that the friends could do?

What might be the trickier bits?

Task

You are going to write a reason why friends might fall out.
Then you are going to write about how you can mend their
friendship.

Mending Friendships

A reason why friends might fall out is...	
	Stop You could say...
	Get Ready You could say...
	Mend the Friendship You could say...

Self-assessment:
Do you understand what to do?



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Task

Draw or write suggestions for helping Jigsaw Jo to be more motivated in each of the boxes.

Self Assessment

Do you understand what to do?



Jigsaw Jo doesn't feel like going to dance practice.
What could you suggest to help Jo?

Jigsaw Jo doesn't want to eat the apple in the lunchbox.
What could you suggest to help Jo?

Jigsaw Jo doesn't want to go to bed on time.
What could you suggest to help Jo?

Jigsaw Jo doesn't feel like cleaning teeth.
What could you suggest to help Jo?

Example for CT on next slide