

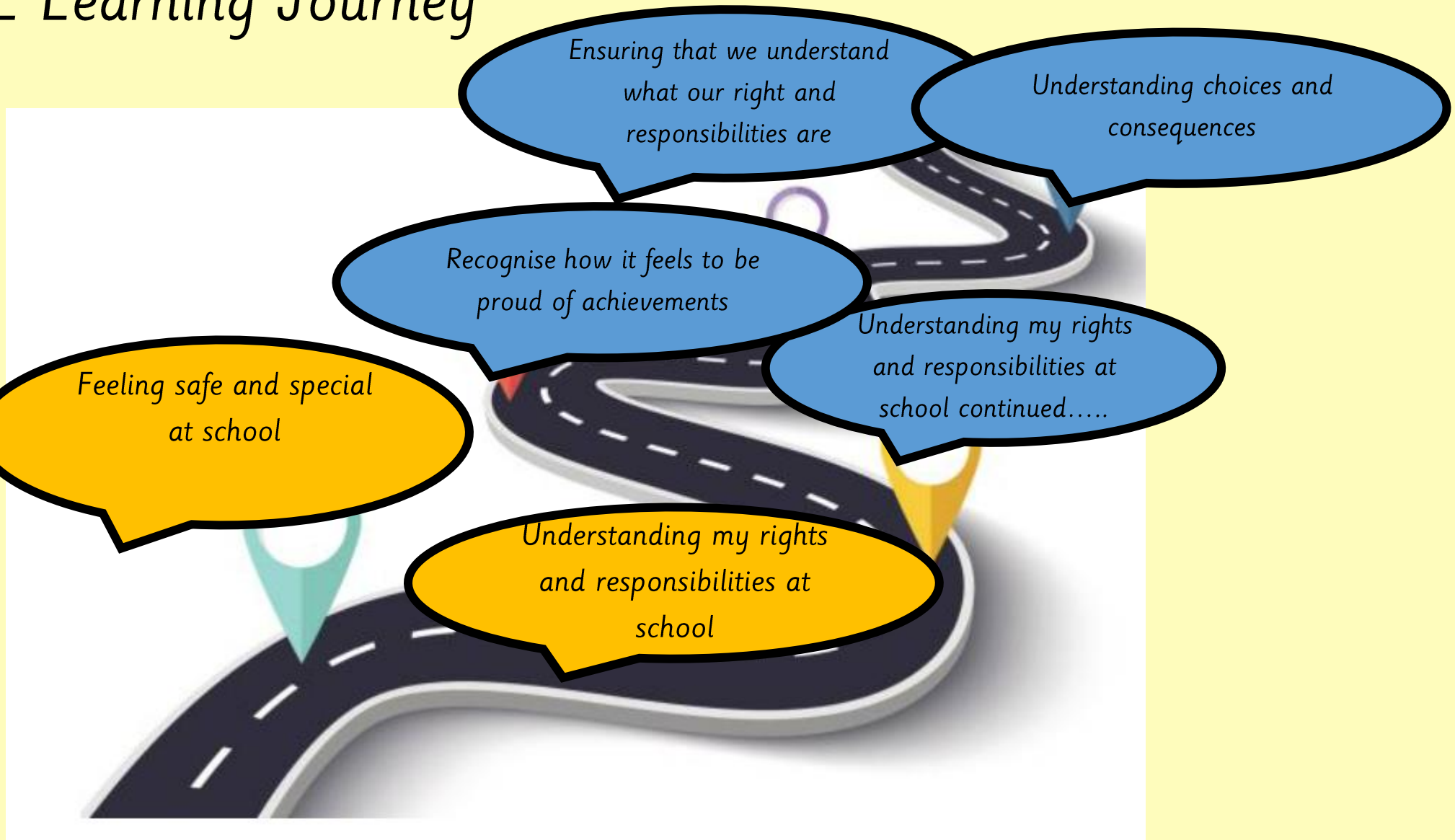
PSHE

Week 3

Our PSHE Learning Journey

Key vocabulary:

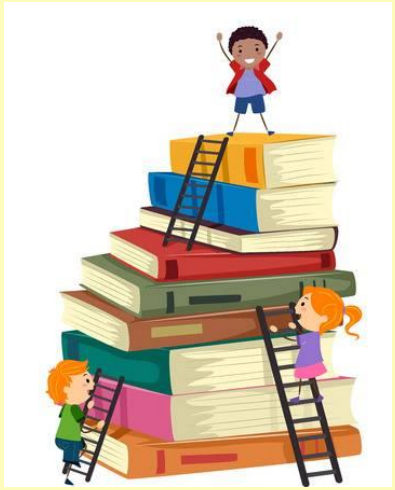
Thankful
God
Allah
Brahin
Grateful
Harvest



Wednesday 16th September 2026



LQ: Can I understand the rights and responsibilities as a member of my class?



Steps to success

I know that I belong to my class.

I can suggest ways to make my classroom a nice place to be.

Star Words

belonging



rights



responsibilities



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LQ: Can I understand the rights and responsibilities as a member of my class?

RECAP

Remember from last week what makes you special.



https://www.youtube.com/watch?v=LrPm7BasRBo

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LQ: Can I understand the rights and responsibilities as a member of my class?

Can you feel your tummy rise and fall as your lungs fill with air?

Do this several times. As you breathe out feel any worries or noisy thoughts float away over the hills and into the distance, like the sound of the chime.

Worries and noisy thoughts float away over the hills as you breathe in and out slowly and gently.

You feel happy and peaceful. Your mind is nice and calm and ready to learn.







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LQ: Can I understand the rights and responsibilities as a member of my class?

Today we will be thinking about our rights and responsibilities. First think about how we help each other to learn.

TPs - What do you do to help your friends concentrate during lessons?



I help people learn by...

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LQ: Can I understand the rights and responsibilities as a member of my class?

What are rights?

A right is something every person should get. Different types of rights are:

We all have the right to belong to this class.



We all have the right to ask questions.

We all have the right to food and to be happy.

We all have the right to learn.

Can you think of any other rights?

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Responsibility

A responsibility is something you have to do to make sure someone is getting their right. An example is that it is your responsibility to be quiet on the carpet so others can hear the teacher and get their right to learn.



TPs - How must you treat others?

How do you behave at school?

What do you do to keep the classroom nice?

Sentence stem:

We treat others by…

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TASK

Draw a responsibility you have in the classroom and write a word or a sentence about it.

