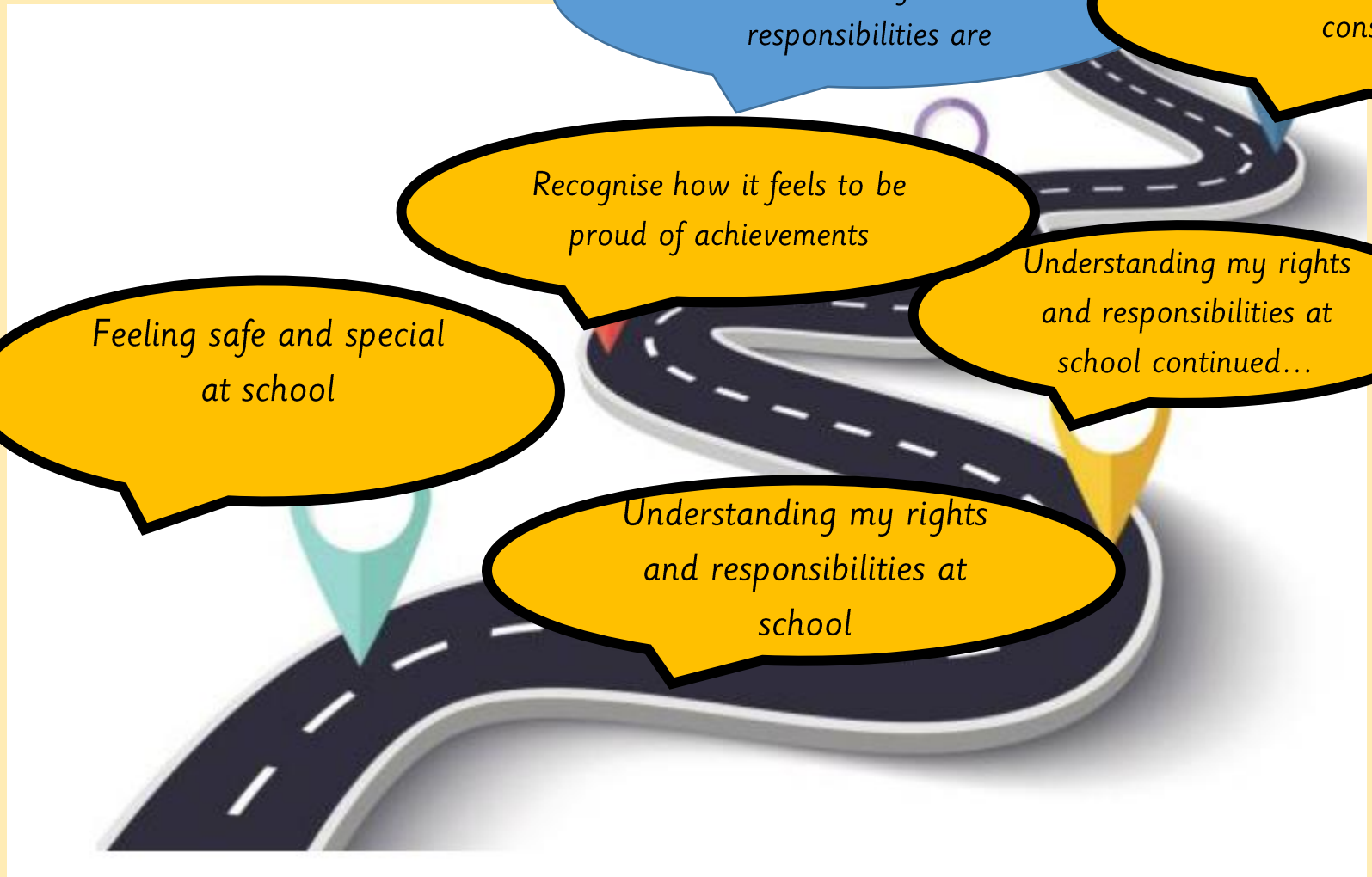
Our PSHE Learning Journey

Key vocabulary:

Thankful
God
Allah
Brahin
Grateful
Harvest





PSHE

Week 6

Wednesday 7th October 2026



LQ: Can I recognise the choices I make and understand the consequences?



Steps to success

I understand the difference between a good choice and a poor choice.

I can describe the range of feelings when I face certain consequences.

Star Words

consequence



fair



Wednesday 7th October 2026

LQ: Can I recognise the choices I make and understand the consequences?

Can you feel your tummy rise and fall as your lungs fill with air?

Do this several times. As you breathe out feel any worries or noisy thoughts float away over the hills and into the distance, like the sound of the chime.

Worries and noisy thoughts float away over the hills as you breathe in and out slowly and gently.

You feel happy and peaceful. Your mind is nice and calm and ready to learn.







Wednesday 7th October 2026

LQ: Can I recognise the choices I make and understand the consequences?



Starter

We are going to play 'Pass the Clap' in a circle. The first person is going to begin with a clap. The person next to them then claps. Then the next person claps. Only one person should clap each time. Can you pass the clap around the circle?

Wednesday 7th October 2026

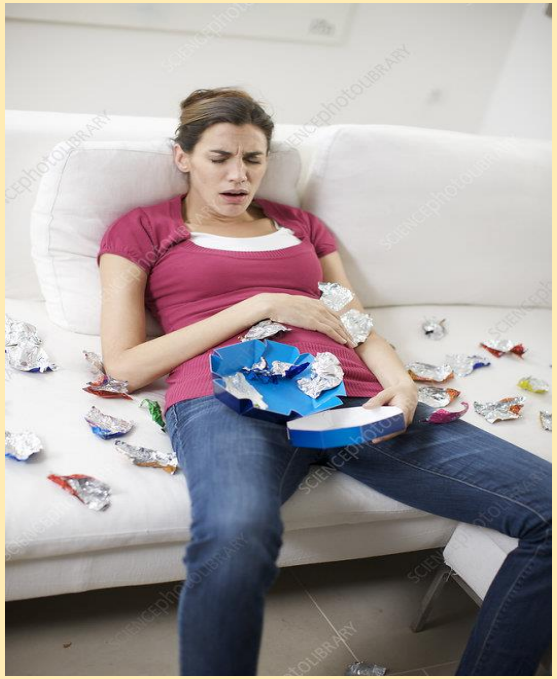
LQ: Can I recognise the choices I make and understand the consequences?

TPs - What does consequence mean?

Stem Sentence: A consequence is…

A consequence is when something happens because of a choice you made.

E.g. I ate 10 bags of chocolate. The consequence of that was I felt sick.



Wednesday 7th October 2026

LQ: Can I recognise the choices I make and understand the consequences?

What do you think has happened?

What is the consequence?

How do you think they feel?

What will the consequence be?







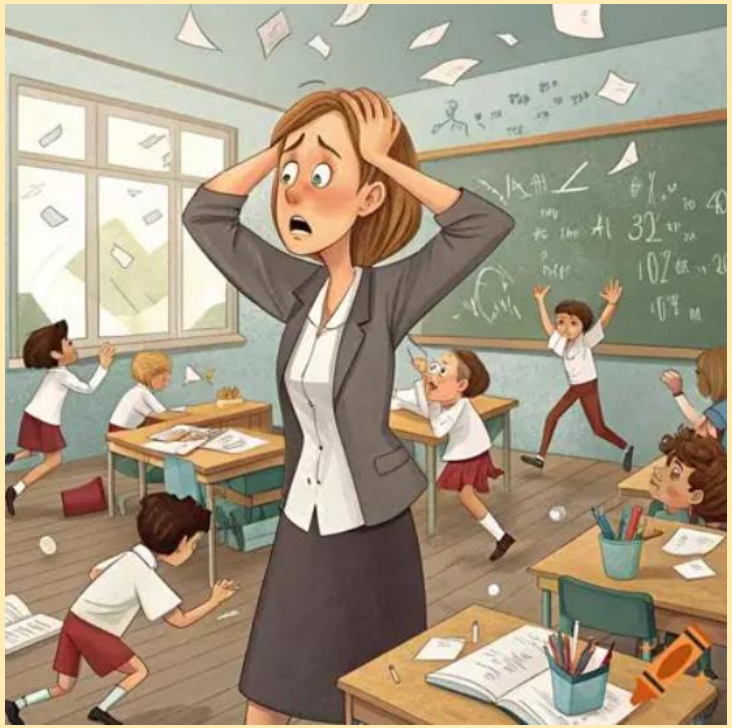
Wednesday 7th October 2026

LQ: Can I recognise the choices I make and understand the consequences?

We have classroom rules. You have a choice to follow them. There are consequences for the choices you make.

TPs - What will happen if you do not follow the rules?

Stem Sentence: If we do not follow the rules we will…



Self Assessment

Do you understand what consequence means?



Refer to classroom rules created last lesson

Wednesday 7th October 2026

LQ: Can I recognise the choices I make and understand the consequences?

TASK

You are going to choose a picture below. You are then going to draw what you think a fair consequence to that action is.











Self Assessment

Do you understand the task?

