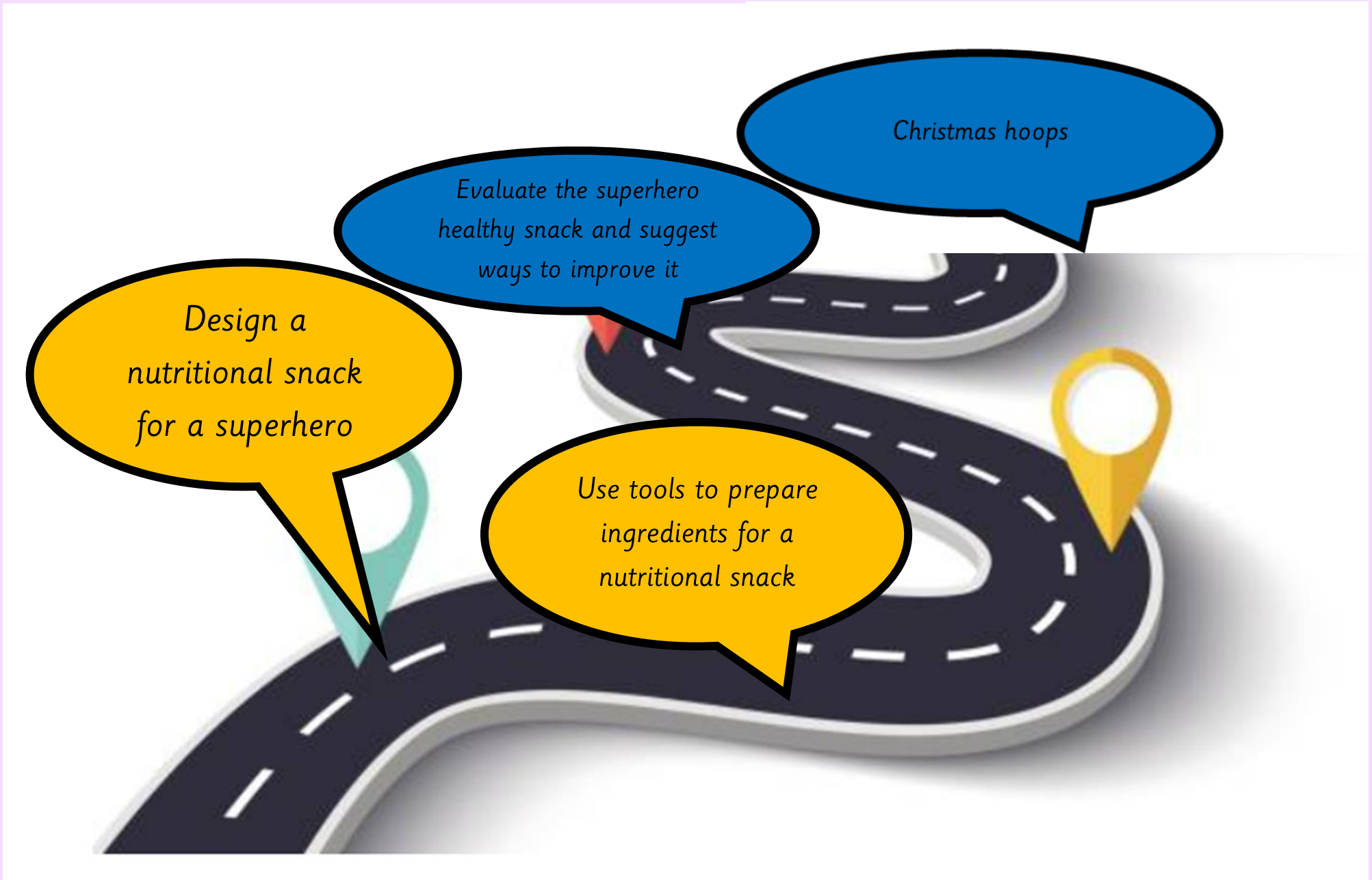


Week 3

Our DT Learning Journey

Key vocabulary

Nutrition
Nutrients
Vitamins
Minerals
Healthy
Food
Plants
Animals
Farmed
Processed
Harvested
Transported



LQ: Can I use tools to prepare ingredients for a nutritional snack?

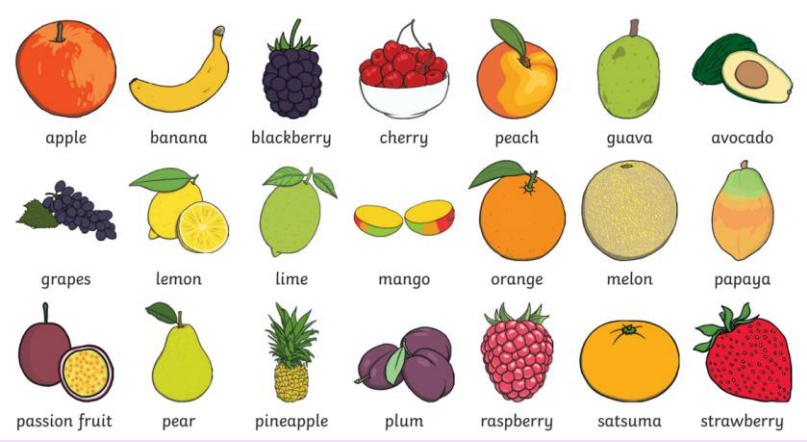
Review



TPs - What did you design last week?

Sentence stem: Last week I designed…

a healthy snack for my Superhero.





Friday 20th November 2026

LQ: Can I use tools to prepare ingredients for a nutritional snack?



Steps to success

All: I can name the tools.

Most: I can use the tools safely.

Some: I can explain what we use each tool for.

Star words

design



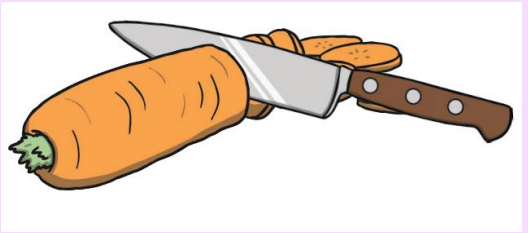
chop



salad



slice



fruit salad

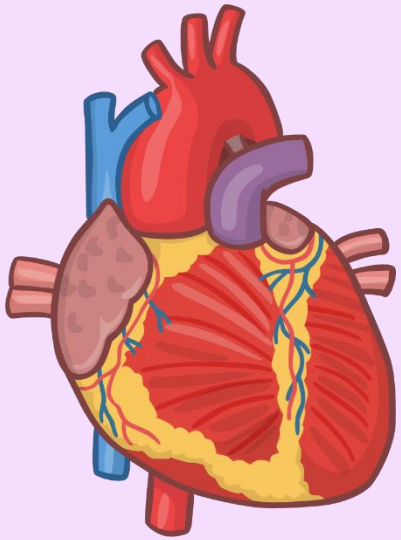


knife



TPs – Why is it important to be healthy?





Sentence stem:

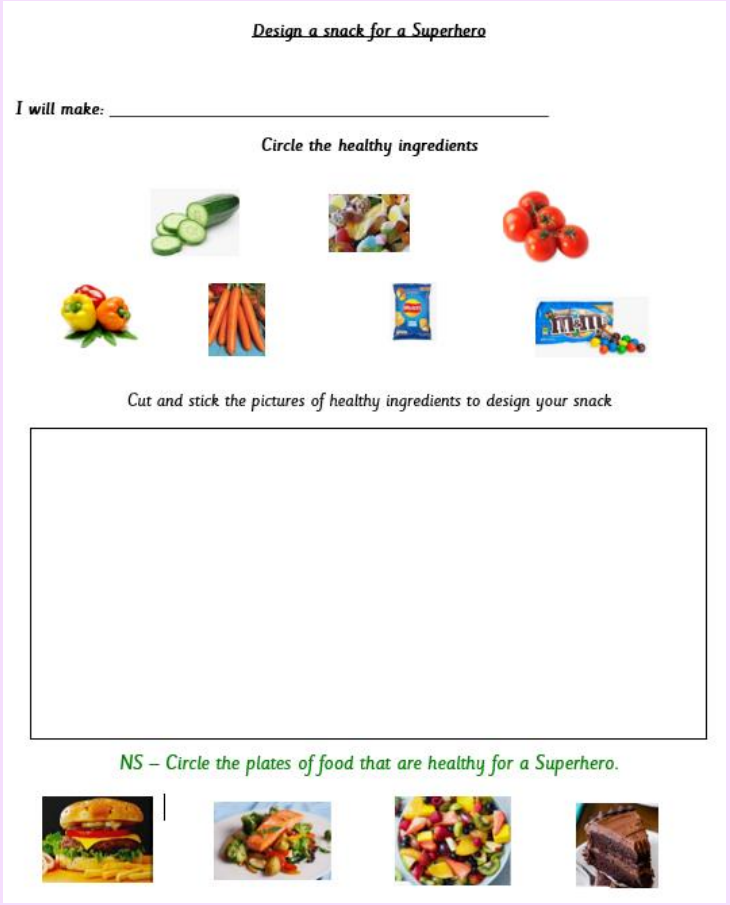
It is important to be healthy because…

Eating healthy will help us all feel great and keep our bodies strong!

LQ: Can I use tools to prepare ingredients for a nutritional snack?

Friday 20th November 2026

Today we are going to use our design from last week to make a nutritional snack for a Superhero.



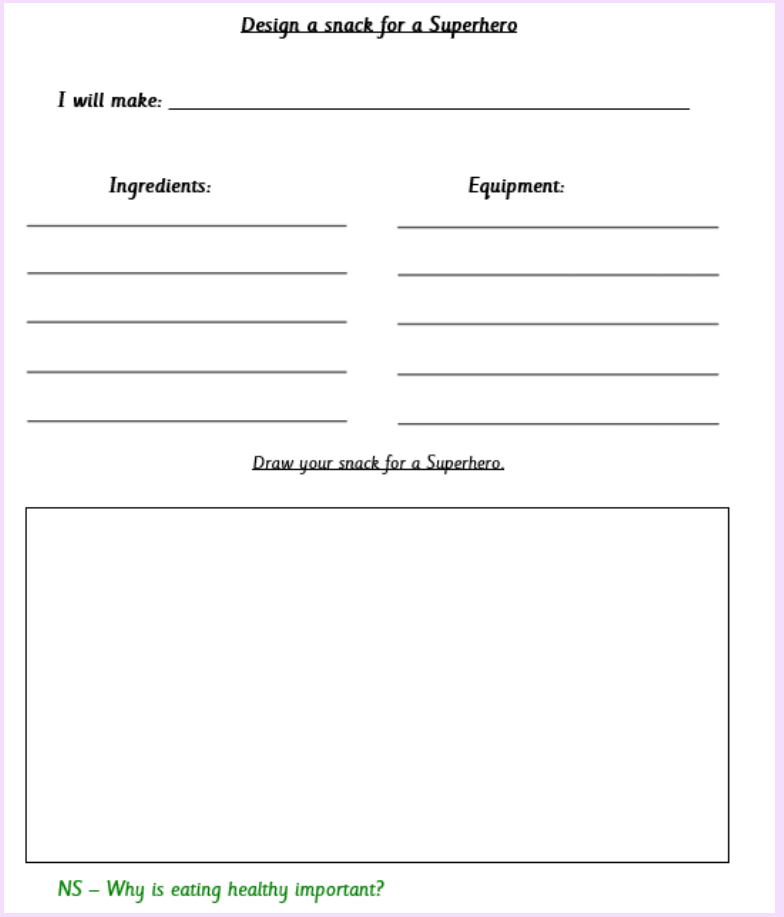
Design a snack for a Superhero

I will make: _____

Circle the healthy ingredients

Cut and stick the pictures of healthy ingredients to design your snack

NS – Circle the plates of food that are healthy for a Superhero.



Design a snack for a Superhero

I will make: _____

Ingredients:

Equipment:

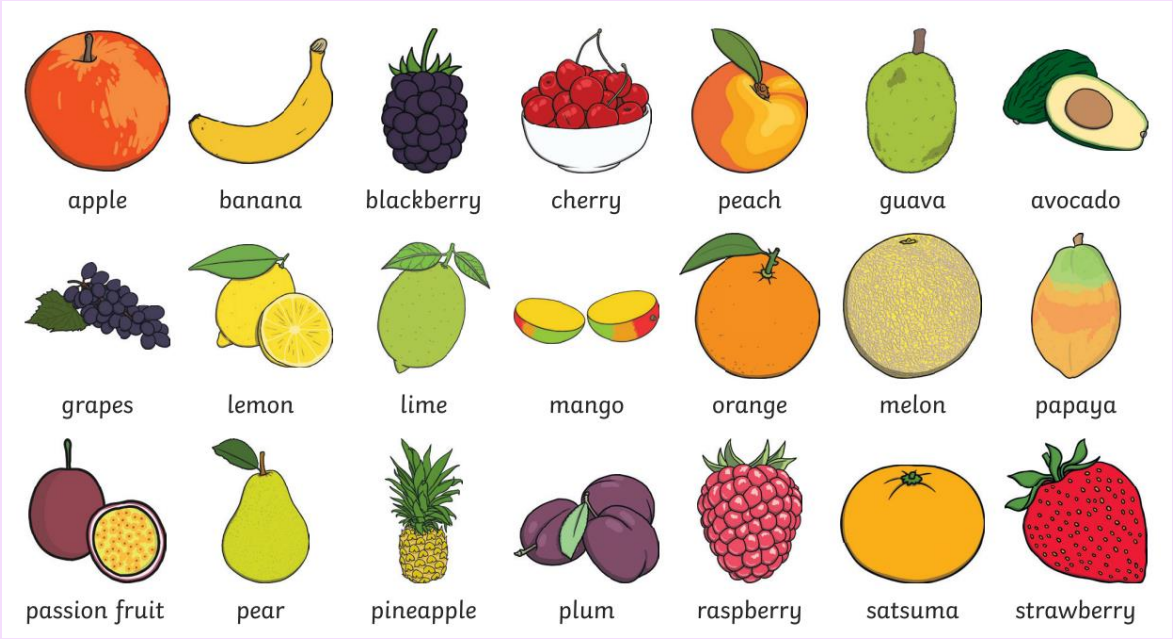
Draw your snack for a Superhero.

NS – Why is eating healthy important?

Look at your design and tell your talk partner what ingredients you chose to make your snack.

TPs: Can you identify the fruits?

Sentence stem: I am using…



TPs: What tools will you need to prepare your snack?

Sentence stem: I will need…



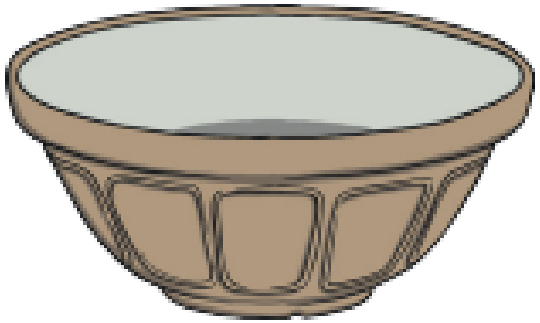
knife



wooden spoon



chopping board



bowl

LQ: Can I use tools to prepare ingredients for a nutritional snack?

Friday 20th November 2026

Task

Use the tools to cut, chop and slice your ingredients.





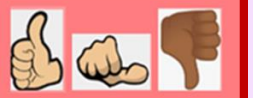




Photopage of process and a few child's voice

Self assessment

Do you understand what to do?



Assessment

- *All: I can identify and explore the ingredients of a healthy snack.*
- *Most: I can design, make and evaluate a healthy snack e.g. fruit salad.*
- *Some: I can design , make and evaluate a healthy snack e.g. fruit salad referring to the design criteria.*

1. *Can I use a range of materials creatively to design and make products?*
2. *Can I design a nutritious snack for a superhero?*
3. *Use tools to prepare ingredients for a nutritious snack*
4. *Evaluate the superhero healthy snack and suggest ways to improve it*
5. *Can I use a range of resources and tools to create Christmas craft?*
6. *Can I use a range of resources and tools to create Christmas craft?*