

PSHE

Week 2

Wednesday 11th November 2026



LQ: Can I identify differences between people in my class?



Step to success

I can tell you some ways I am different from my friends.

Star Words

similarities



differences



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Can you feel your tummy rise and fall as your lungs fill with air?

Do this several times. As you breathe out feel any worries or noisy thoughts float away over the hills and into the distance, like the sound of the chime.

Worries and noisy thoughts float away over the hills as you breathe in and out slowly and gently.

You feel happy and peaceful. Your mind is nice and calm and ready to learn.







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Starter

One side of the carpet is going to be yes. The other side of the carpet is going to be no. I am going to ask questions such as, do you like pizza? You will then hop to either yes or no depending on what your answer is.

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TPs: What are differences?

Stem sentence: Differences are…



Differences are the ways in which we are **not** the same as other people. We might look different, enjoy different things or come from different families.

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Bring the two children to the front of the class. Can you name some things about them that are different?

year group

eye colour

clothes

class

height



gender

hair

skin

school

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Task

On the shorts template, you are going to write three things that are different about you and your talk partner.

